

CHAMPAIGN COUNTY BOARD OF HEALTH

**Monthly Meeting
Tuesday, January 27, 2009, 6:00 p.m.**

Call to Order & Roll Call

The Board of Health held its monthly meeting on January 27, 2009 in the Putman Meeting Room at the Brookens Administrative Center, 1776 East Washington, Urbana. The meeting was called to order at 6:10 p.m. by Julian Rappaport. Board members Stan James, John Peterson, Cheryl Ramirez, Julian Rappaport, Bobbi Scholze, and Betty Segal were present at the time of roll call. Nezar Kassem had sent notice that he would not be attending the meeting. The staff members present were Kat Bork (Board of Health Secretary) and Susan McGrath (Senior Assistant State's Attorney). Others present were Nancy Greenwalt (Smile Healthy Executive Director), Darlene Kloeppe (Regional Planning Commission), Rosanna McClain, and Sureland Trice (Crisis Nursery).

Approval of Agenda/Addendum

MOTION by James to approve the agenda; seconded by Scholze.

Rappaport suggested moving the Smile Healthy report to earlier in the agenda and there were no objections from the Board.

Motion carried.

Approval of Minutes

MOTION by James to approve the Board of Health minutes of November 15, 2008 and January 6, 2009; seconded by Segal.

James requested line 33 in the January 6, 2009 minutes be changed to read "It was noted."

Motion carried as amended.

Public Participation on Agenda Items Only

There was no public participation on the agenda items.

Correspondence and Communications

There was no correspondence or communications.

Consideration of A Method for Review of Grants & Contracts

Rappaport explained it has occurred to the Board to implement a systemic way to review the programs funded with its money. Developing such a system would be difficult at Board meetings, so he suggested a subcommittee or small group be formed to develop a set of procedures and then propose a plan to the whole Board. He asked for the Board's thoughts on this approach and if any member would serve on this subcommittee. James suggested using the Mental Health Board

documents supplied by Peter Tracy as templates to develop the Board of Health's evaluation documents. These documents could be discussed at a full Board meeting to lay some parameters for a subcommittee to draft a method. Rappaport noted the Board previously received materials from Tracy and there seem to be too many other things to constructively deal with at a Board meeting. He was not opposed to a study session. Scholze and Ramirez volunteered to be on subcommittee and bring some recommendations back to the full Board. McGrath noted that a two-person committee is prevented from talking to themselves outside of meetings under the Illinois Open Meetings Act. She suggested Scholze and Ramirez be assigned to gather information and report back to the full Board rather than form an actual subcommittee. Segal asked if the review would encompass the current grants or if it was intended to evaluate future proposals for grants. Rappaport indicated the process could be used to evaluate both current and future programs. For example, the Board could ask questions about the purposed state grants awarded to Champaign County. The process should enable the Board to think about all grants, not just those invented by the Board of Health. Developing this process would also help the Board towards entertaining new funding proposals from agencies.

Mental Health Board Collaboration **Quarterly Report from Crisis Nursery**

Sureland Trice from Crisis Nursery spoke about the agency's quarterly report. The program's numbers are on target in the second quarter with 11 individuals being served. The challenges the agency is facing include transportation for rural families, so Crisis Nursery is reaching out to others in rural communities, such as ministers and bus services to possibly develop a contract to transport mothers into the nursery for respite care. Crisis Nursery continues perform outreach and is working on presentations to give to police officers so they can share information on the program when they are out on calls. Support groups meeting within the city limits have been more successful than others in the rural areas, even if the attendees are from rural areas. There is a group meeting at Frances Nelson as well. James asked if the Community Services Center in Rantoul was being used as a site. Trice said Crisis Nursery is planning to consider Rantoul in its next round of groups. Segal asked if mothers had the choice of which group they could attend. Trice answered affirmatively and explained the nursery tended to offer the groups consecutively. Another challenge is the fact that more referrals are coming from non-rural mothers, with the largest number of referrals coming from CUPHD. There have been some referrals from individual doctor's offices and none from Frances Nelson. Trice confirmed the program is serving mothers from rural communities like Fisher and Tolono.

Rappaport said effectively reaching rural residents is a key problem for public health services, so the Board would appreciate learning about any information Crisis Nursery discovers. He hypothesized that people might be more familiar with traveling to the Champaign-Urbana area for shopping or other purposes than Rantoul, hence the strong attendance in those groups. Trice has contacts in Rantoul who have warned her that this population is slow to warm. Trice spoke about potential outreach plans Crisis Nursery was developing for the program to reach more rural residents. The Board thanked Trice for the report.

MOTION by James to receive and place on file the Crisis Nursery Quarterly Report; second by Ramirez. **Motion carried.**

Notes from the Mental Health Board Joint Project Quarterly Planning Meeting

The notes provided a summary of the discussion from the most recent Mental Health Board Joint Project Quarterly Planning meeting. Peterson asked what impact the state's delay in payment was having on the Mental Health Board. Ramirez surmised that Peter Tracy must be close to pulling his hair out. The Prairie Center had to let staff go because of the state funding cuts. Mental health boards around the state are extending lines of credit to their providers because of the delayed state payments. Peterson reported that he heard from social service agencies that the State of Illinois is sending payments to doctors for their services, but not to social services agencies.

McGrath explained that if any complaint against the state by an agency would have to be filed with the Court of Claims and now the Court has no money. McGrath noted that the state is behind in its reimbursement to Champaign County too. A result is that people are meeting with their federal representatives and asking for any stimulus money intended for local governments be sent directly to the local government instead of going through the state. It is thought the state will simply hold onto the money instead of passing it along.

Segal commented that the Board of Health will be looking at what other types of programs it might want to fund in the next budget cycle. She encouraged anyone to bring suggestions to the Board. Rappaport pointed out that Tracy suggested a joint study session between the Board of Health and the Mental Health Board to discuss some co-sponsorship ideas. Tracy mentioned that Crisis Nursery could receive a one-year grant extension. The Board of Health is on a different fiscal year than the Mental Health Board and Rappaport thought the Board ought to commit \$25,000 to this program for the next fiscal year. James suggested the Board weigh other proposals in May after the evaluation templates are prepared before committing any money. He wanted to see the evaluation templates first before approving another year's worth of funding for a program. Rappaport suggested the Board develop its plan, but also agree to follow the Mental Health Board's lead if that board approves a grant extension to Crisis Nursery. Ramirez explained the Mental Health Board has the same fiscal year as the County, but its program year starts in June. Rappaport suggested deferring this discussion until the boards have a study session. The Board considered the possible dates suggested at the quarterly meeting and agreed either the February or March date would be acceptable. Board members requested that the study session not start before 5:30 p.m.

Consideration of Funding Anti-Stigma Alliance at Ebertfest

The Board discussed participating in funding the Anti-Stigma Alliance at Ebertfest. Segal noted there are other public health related initiatives that \$1,000 could be used for, including publicity for the mobile unit. The Board concurred with not funding this proposal.

Senior Wellness Program

Quarterly Report from the Regional Planning Commission

Darlene Kloeppel said, as requested, the quarterly report from the Regional Planning Commission contained more actual numbers on the people RPC is seeing with baseline numbers since the previous year. October was the first quarter RPC gathered statistics, including types of referrals.

Scholze said the report was much improved and requested to see the trend information future reports to determine whether the activity was building or staying the same. She liked the inclusive of stories about the people who were helped. James asked if the people documented in the report were being helped with Board of Health money. Kloeppel stated that was correct. Ramirez asked about LIHEAP and Kloeppel explained it is the low income energy assistance program administered through RPC. Rappaport indicated the Board might have suggestions on reporting when some formality is developed for its process. The Board needs some uniform way of reporting that programs would adhere to so the expectations are not vague. He recommended that the process to evaluate programs should pre-date any of the Budget Subcommittee meetings. Peterson confirmed the budget process begins in May.

FY2008 Final Expenses

Rappaport asked what was included in the \$11,935 RPC charged for administration indirect costs. Kloeppel stated that RPC operates on a cost allocation plan based on its actual expense from the previous year. Everything in the RPC office that they consider shared such as the receptionist, physical department, executive director, the building expenses, etc. Rappaport said the indirect costs is one of things the Board need to evaluate when it is selecting the programs it will fund because some programs charge indirect or administrative costs, while others do not. RPC is charging the Board of Health 41% of its program budget for indirect costs. Rappaport wants the Board to begin to realize exactly what their money is being spent on so they can consider ways to negotiate contracts. He suggested the Board build this idea into conversations about evaluations and budget requests.

MOTION by James to receive and place on file the Senior Wellness Program quarterly report and FY2008 final expense report from RPC; seconded by Peterson. **Motion carried.**

Issues Regarding RPC Senior Wellness Program (Scholze)

Scholze noted that at the previous meeting the Board wanted to hear more about Family Services and asked if this should be arranged for a future meeting. Rappaport said he would coordinate with Bork to have a future agenda item about Family Services' activities in Champaign County.

Issues Regarding CUPHD

Report from CUPHD Administrator

No one from CUPHD was present. Julie Pryde had previously mailed her written report to the Board and McGrath could address any question about last week's TB case. McGrath remarked that the state public health law would be amended to include an enforcement mechanism to require people with communicable diseases to enter treatment. This would be modeled on involuntary commitment hearings. The Board discussed TB and the enforcement of public health laws.

Division Monthly Reports

Maternal & Child Health (Gowda)

There was no discussion over this item.

Infectious Disease, Mobile Unit (James)

James talked about whether the mobile program was doing what he envisioned it would do for the money being spent. He encouraged the Board to review it and consider redoing the mobile program in the future. The program might provide more services in selected central locations if it would consistently be there. The Board discussed the mobile unit program. James said he would rather see the money going directly to services, such as providing flu shots, instead of paying for staff time since the turnout has been low. Rappaport wanted to look into the cost accounting to see exactly what the Board's money pays in staff, equipment, medicine, etc.

Environmental Health (Peterson)

Peterson said he, McGrath, and Jim Roberts will try to meet in March about the Environmental Health fines structure. James asked Peterson to bring up the Cherry Orchards area at the next meeting with Roberts. James wanted the condition of this area to be examined, explaining it is a big apartment complex with mounds of trash outside. He was concerned about an outbreak of disease. McGrath suggested reporting this to John Hall in the County's Planning & Zoning Department. James said he had, but was informed the Planning & Zoning Department has large backlog of cases.

Wellness & Health Promotion (Ramirez)

Ramirez invited the Board to the Best Practices training on April 24, 2009. The topics covered will include mental health first aid, patients with both mental health & substance abuse issues, and primary care for mental health. It will be held at the Hawthorne Hotel in Champaign from 9:00 – 11:00 AM. Ramirez will email Board members with dates of future conferences.

Ramirez has been looking into a program the Board could potentially fund through Chronic Disease Health Management called Catch (Coordinated Approach to Child Health). This program is designed to keep kids in PE classes doing cardio exercise for the entire period, plus learning about nutrition. Ramirez thinks it is an excellent program and serves as a preventive for childhood diabetes. She noted there are no PE teachers in the grade schools anymore and a program with some direction would help. She has called Deb Fruitt at CUPHD. Scholze said the Carrie Busey Elementary School on Kirby Avenue is using the Catch program. Ramirez will gather more information to see if it is something the Board could pilot in a rural school as an evidence-based practice.

MOTION by James to receive and place on file the CUPHD Division Monthly Reports for November & December 2008; seconded by Scholze. **Motion carried.**

Issues Regarding Smile Healthy (Kassem)

Greenwalt brought a flyer for Giving Kids a Smile, which will take place on February 7th at the mall. The Regional Office of Education has shared this flyer with the schools.

MOTION by James receive and place on file the Smile Healthy November 2008 and December 2008 monthly reports; seconded by Peterson. **Motion carried.**

Treasurer's Report

No invoice was submitted by CUPHD.

Chronic Disease Management Video – Ramirez

Ramirez introduced Rosanna McClain of the Senior Resource Center in Champaign, who is a master trainer in chronic disease management. She showed a video on the chronic disease management program. McClain explained that the program is in its second year in Champaign County; they have leaders, and have had 4 classes since August. They are working on getting the program noticed through word of mouth as people with chronic conditions have positive responses to these types of programs. The Senior Resource Center focuses on self-efficacy for seniors and this evidence-based program similarly focuses enabling people with chronic conditions to take charge of their health.

James said he had hoped RPC would perform outreach because many seniors are homebound. He thought this type of program would help people get out of house and communicate with others, which in itself would be beneficial to seniors. He suggested giving some program literature to Kloepfel. McClain stated RPC was aware of the program. Rappaport inquired about the cost of the program. McClain said the current \$7,000 grant covers coordination, publicity, and the books. There is no cost to the participants. There is no cost to provide the lay leaders, but they need to be able to provide some honorarium to the leaders to cover their gas and travel costs. Overall, the program is very low cost. Training the lay leaders only requires an outlay of people's time and some the price of providing lunch. The problem is sustainability because the grant ends in July. The medical community is all for this kind of evidence-based program. Rappaport asked about the local demographics. McClain said the class leans more towards older women, but the class is not heavily female. James indicated this program would be conducive especially in winter when some seniors can go stir crazy. He suggested McClain contact the Housing Authority as well. Rappaport asked if it would be feasible to develop such groups in rural areas. McClain definitely felt it was, but it takes resources to make contacts with people. Ramirez said it would involve finding people to be lay leaders. McClain offered to bring any literature or any information the Board would like to see.

Other Business

Request to Join the National Association of Local Boards of Health

Rappaport wanted to know if Board thought joining the National Association of Local Board of Health was good idea. He recommended it. The Board is a member of the state, which costs \$95. Everyone on Board would receive the national association's news brief.

MOTION by Scholze to join the National Association of Local Board of Health; seconded by Ramirez.

Peterson asked where the money for the membership fee would come from. McGrath suggested it could come from the conferences and training or travel line items.

Motion carried.

Public Participation on Non-Agenda Items Only

There was no public participation on non-agenda items.

Adjournment

The meeting was adjourned at 8:06 p.m.

Respectfully submitted,

Kat Bork
Board of Health Secretary

Secy's note: The minutes reflect the order of the agenda and may not necessarily reflect the order of business conducted at the meeting.