

Open Enrollment is underway now. Take advantage of these potential savings by enrolling in a Health FSA and/or Dependent Care FSA. A Flexible Spending Account (FSA) is a great way to maximize your income! An FSA reduces your taxable income by setting aside pre-tax dollars to pay for eligible health care and dependent care expenses. For most participants, that's like earning a 20-30% discount on all qualified medical or childcare expenses.

Health FSA

Health Flexible Spending Accounts (FSA) use pre-taxed dollars to pay for qualified medical expenses such as:

- » Doctor and hospital bills
- » Prescription drugs
- » Dental and vision expenses

You can use the Health FSA for qualified medical expenses for yourself, spouse, and your children — whether you are enrolled in your company's medical plan or not!

Dependent Care FSA

Dependent Care FSAs use pre-taxed dollars to help participants save on qualified work related dependent care including:

- » Child care
- » Before and after school care
- » Summer and day camps
- » Care for dependent loved ones who are unable to care for themselves who live with the participant





