



CHAMPAIGN COUNTY MENTAL HEALTH BOARD

CHAMPAIGN COUNTY BOARD FOR CARE AND TREATMENT OF PERSONS WITH A DEVELOPMENTAL DISABILITY

Study Session of the Champaign County Mental Health Board (CCMHB)

Wednesday, February 28, 2018
Brookens Administrative Center
Lyle Shields Room
1776 E. Washington St. Urbana, IL
5:30 p.m.

1. Call to Order
2. Roll Call
3. Public Participation/Citizen Input
4. Approval of Agenda
5. Study Session
 - A. Champaign County Regional Planning Commission
"Youth Assessment Center (MHB proposal)" Mid-Year Program Report
Presentation by Jonathan Westfield
 - B. Community Foundation - DREAAM House "DREAAM House" Mid-Year Program Report
Presentation by Tracy Dace
 - C. GROW in Illinois "Peer Support" Mid-Year Program Report
Presentation by Charlene Gulbrandsen, Chris Stohr, and Karen Shan
6. Board Announcements
7. Adjournment

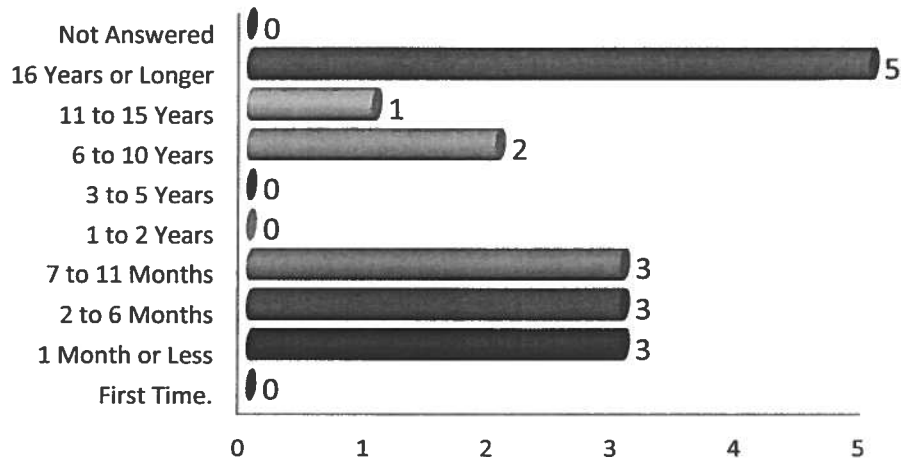
GROW

- *GROW promotes mental health recovery, personal growth & prevention through*
- *Peer to peer counseling*
- *Supportive community*
- *Weekly mutual help support groups*
- *A program based upon AA and NA*
 - *No fees, dues.*
 - *Diverse problems*

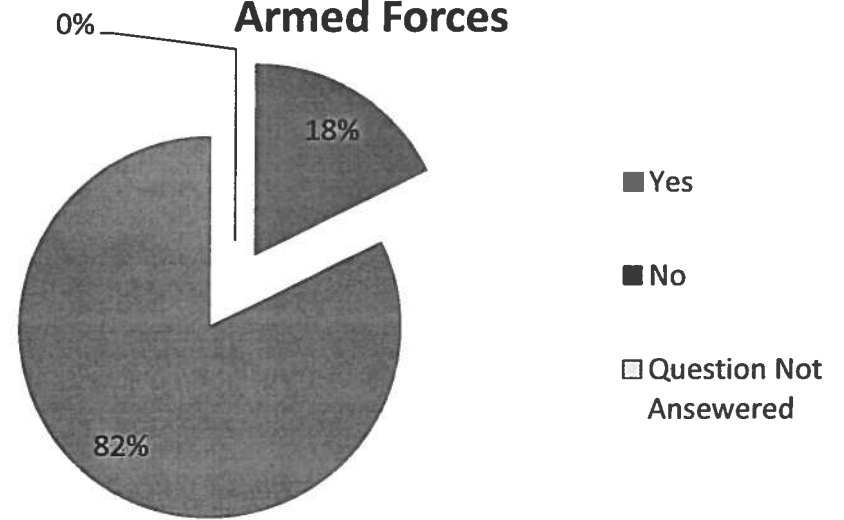
2018 GROW Survey

- In the Winter of 2018, GROW in America asked group members to complete a survey in order to understand the populations currently being served throughout Champaign County to determine in what ways GROW is helpful, and to establish a baseline for future surveys. The survey was anonymous and voluntary. Those groups participating in the survey were fully formed groups and groups that meet on a weekly basis (including community, agency, special, and hospital groups). 17 individual surveys from 3 groups were completed by Champaign County Growers. The following data was compiled from those surveys. The complete 2017 report is available upon request.

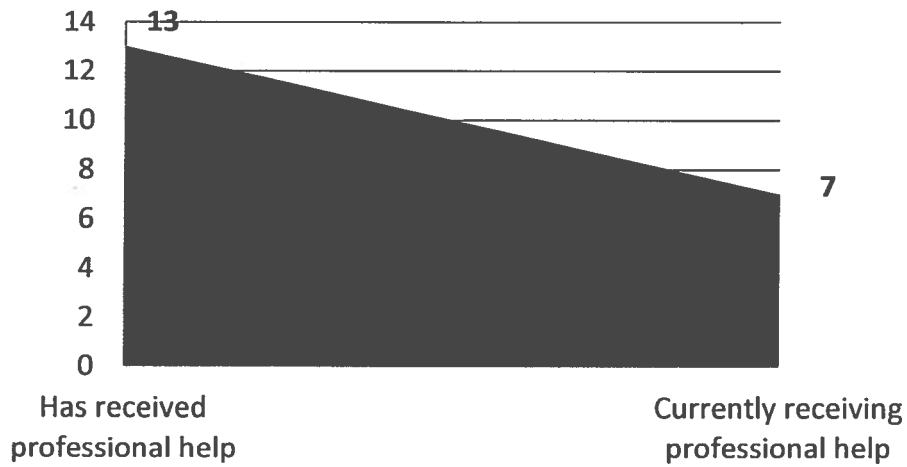
Length in GROW



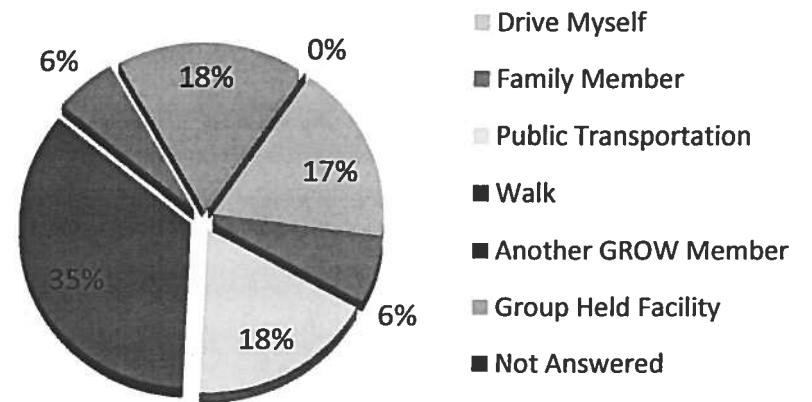
Armed Forces



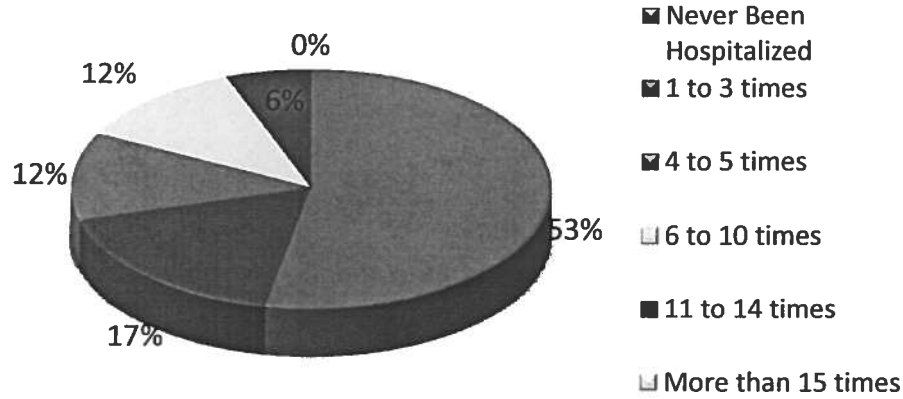
Professional Help



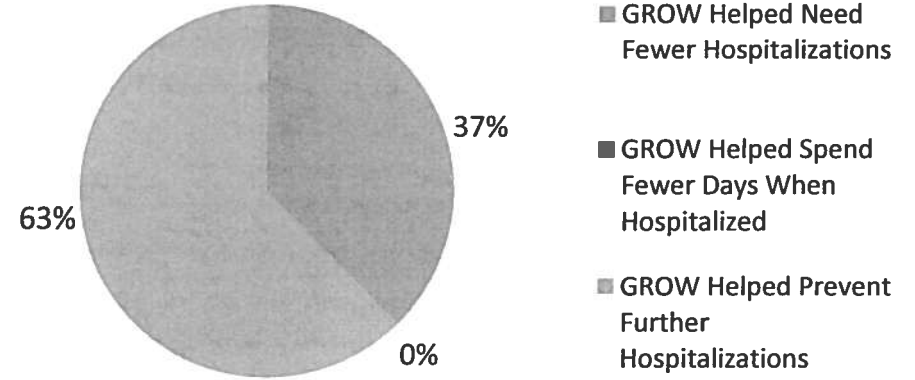
Transportation to GROW Group



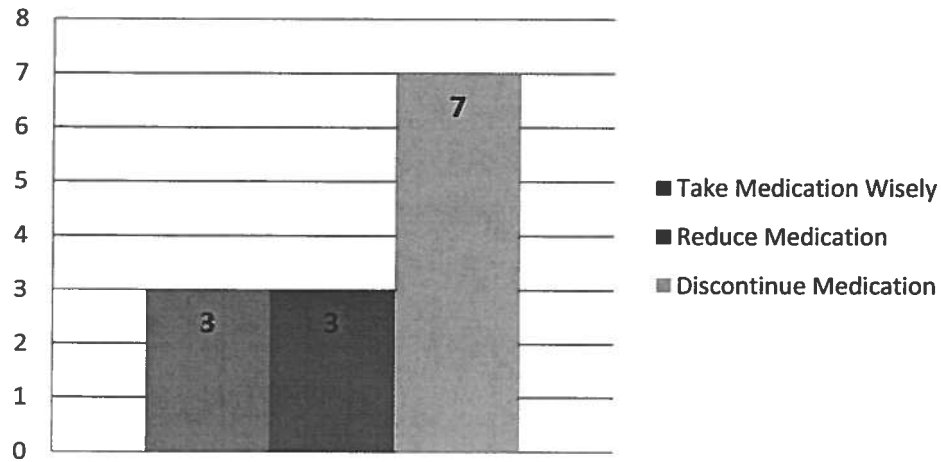
Psychiatric Hospitalizations



Change in Hospitalization Admittance



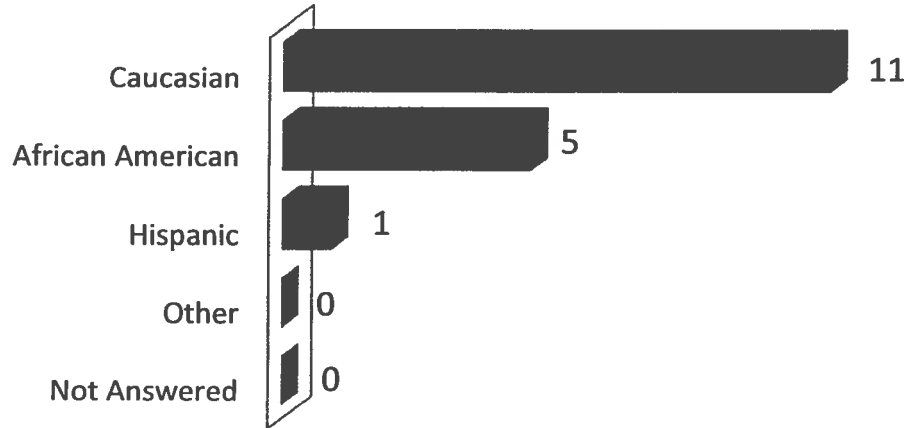
GROW Helped Medication Usage



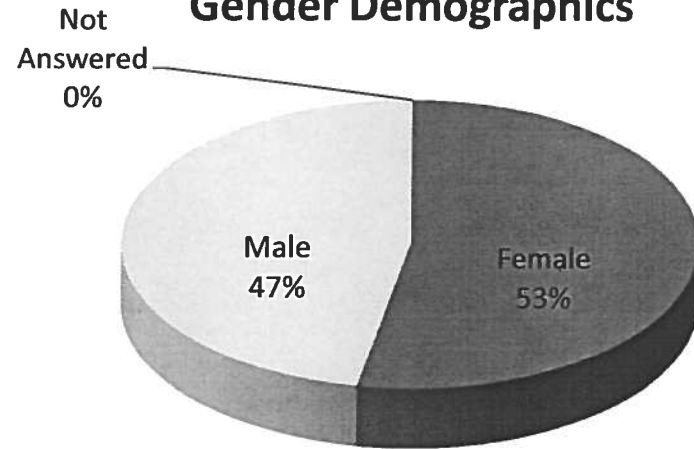
Employment Status and Disability Benefits



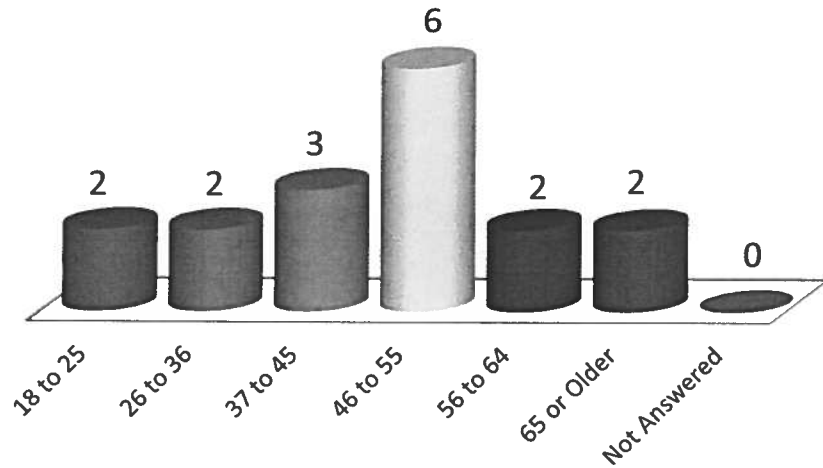
Ethnic Demographics



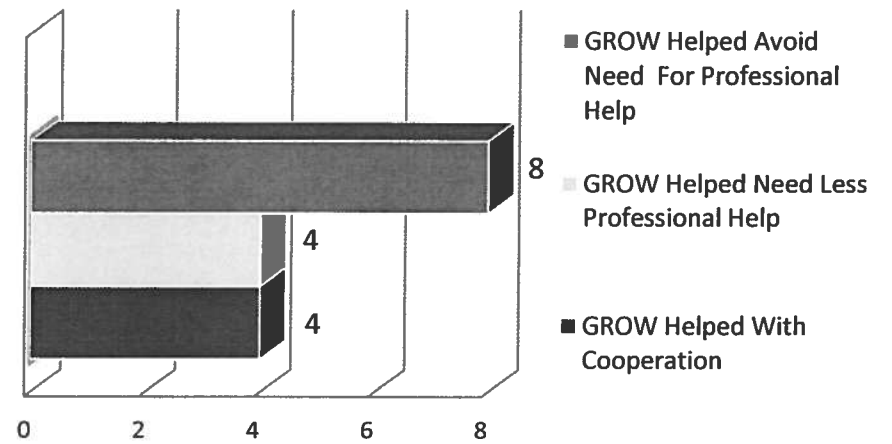
Gender Demographics



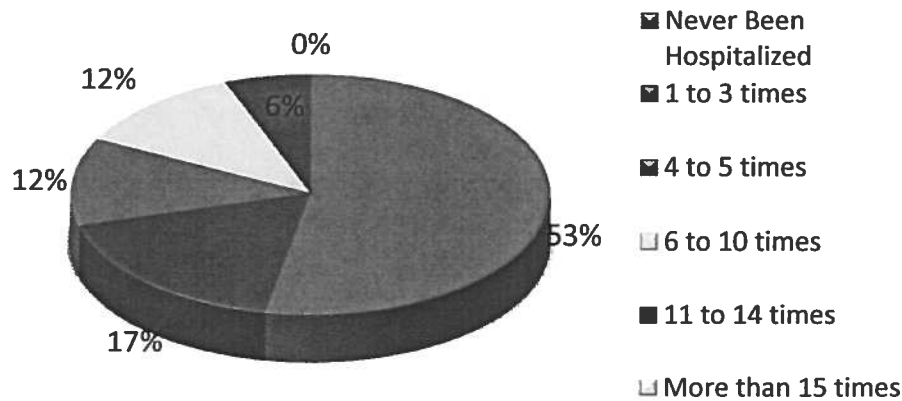
Age Demographics



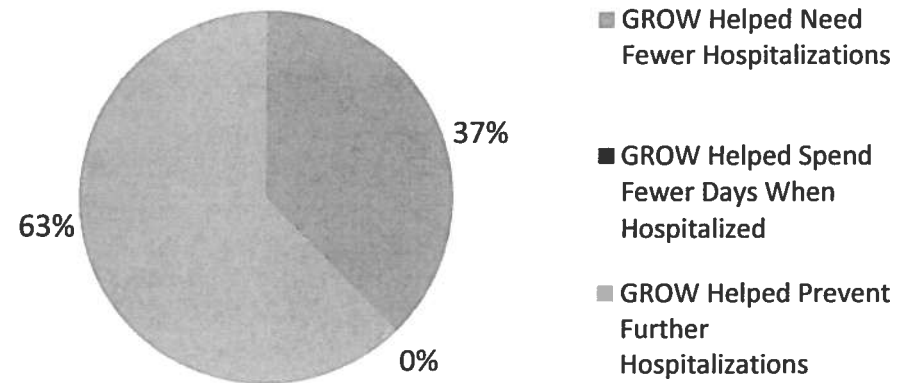
Professional Help



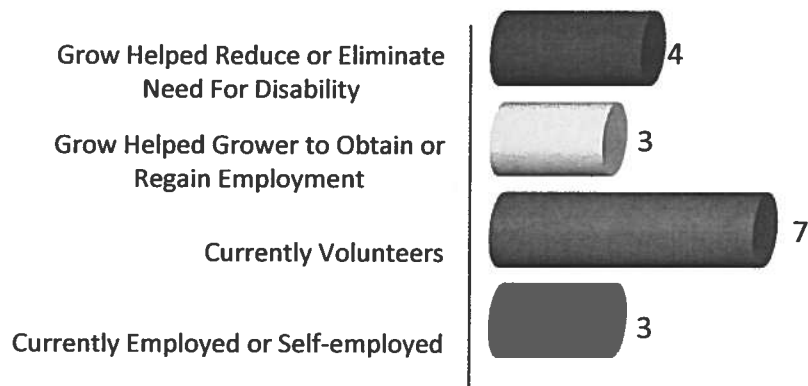
Psychiatric Hospitalizations



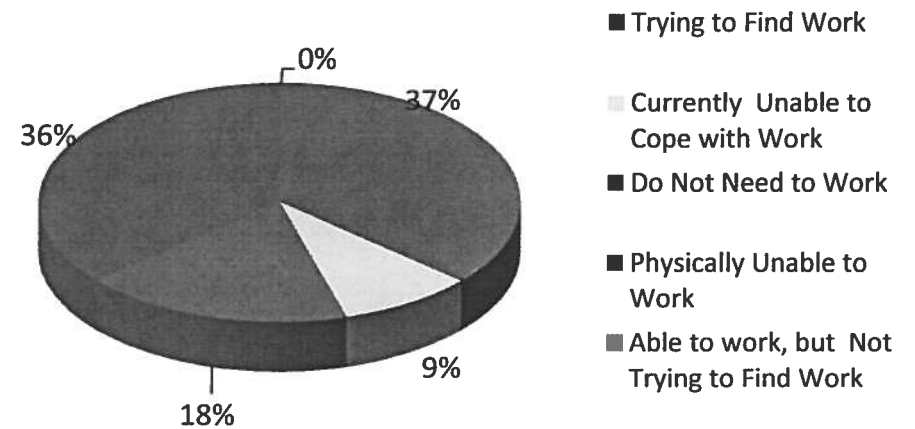
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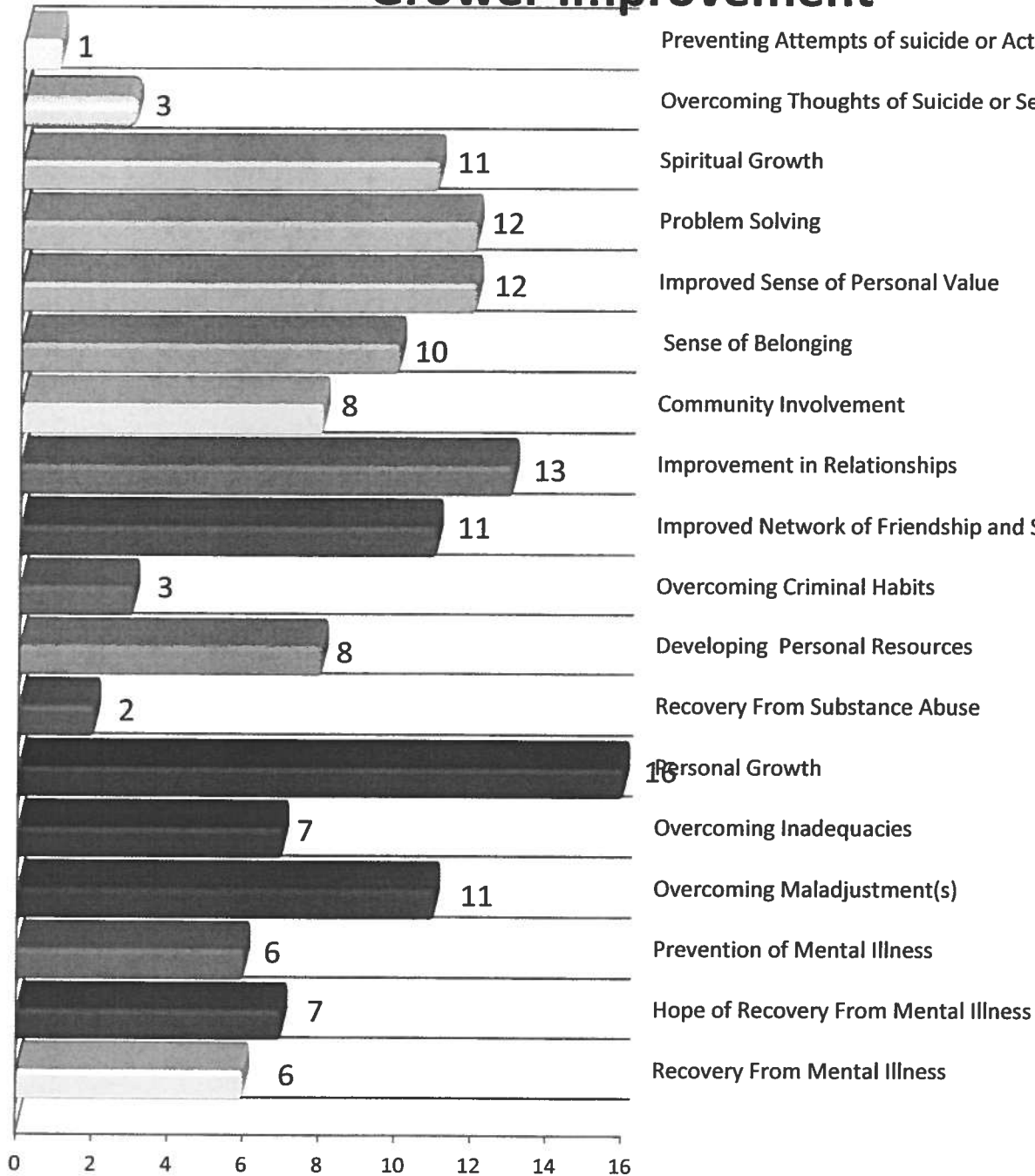
Employment Status and Disability Benefits



Reason for Current Unemployment Status



Grower Improvement



24% (4 of 17) overcame thoughts of suicide/self-abuse.
 35% (6 of 17) recovered from mental illness
 41% had hope of recovery from mental illness
 24% no longer needed disability, obtained employment