



CHAMPAIGN COUNTY MENTAL HEALTH BOARD

CHAMPAIGN COUNTY BOARD FOR CARE AND TREATMENT OF PERSONS WITH A DEVELOPMENTAL DISABILITY

Study Session of the Champaign County Mental Health Board (CCMHB)

Wednesday, September 25, 2019

Brookens Administrative Center, Lyle Shields Room

1776 E. Washington St. Urbana, IL

5:30 p.m.

1. Call to Order
2. Roll Call
3. Public Participation/Citizen Input
4. Approval of Agenda
5. President's Comments
6. Study Session: PY2021 Allocation Priority Criteria

Board discussion of two current priorities:

- *Behavioral Health Supports for People with Justice Involvement*
- *Innovative Practices and Access to Behavioral Health Services*

7. Board Announcements
8. Adjournment



CHAMPAIGN COUNTY BOARD FOR CARE AND TREATMENT
OF PERSONS WITH A DEVELOPMENTAL DISABILITY

BRIEFING MEMORANDUM

DATE: September 25, 2019
TO: Members, Champaign County Mental Health Board (CCMHB)
FROM: Lynn Canfield, Mark Driscoll
SUBJECT: PY2020 (Current) Priority Areas for Discussion

Overview

Background on “Behavioral Health Supports for People with Justice Involvement”

In 2012, the County Board commissioned studies and engaged the community in discussions on how best to address conditions at the Champaign County Jail and by extension the criminal justice system. During that same period, concern over the mental health-criminal justice issue was not confined to Champaign County. The subject of jail overcrowding and the high number adults with mental illness and or substance use in jail or prison became regular topics of news stories as well as policy debates at the state and national levels that continue to this day.

Reducing criminal justice system involvement of adults and juveniles with behavioral health needs was a focus of the CCMHB that pre-dated but expanded upon these initiatives, particularly investment in services at the Champaign County Correctional Facility, following the release of the County Board commissioned studies. Then in 2015, the County was awarded the federal Justice and Mental Health Collaboration Planning Grant with matching funds provided by the CCMHB. That grant resulted in a gaps analysis across five intercepts in the criminal justice system and the behavioral health system using the GAINS Sequential Intercept Map. Longstanding involvement of the CCMHB in the Crisis Intervention Team Steering Committee, the Champaign County Reentry Council, and the Champaign County Community Coalition reflects the sustained commitment to coordination and collaboration to prevent and reduce contact with the criminal justice system of people of any age with behavioral health needs. These past activities and sustained commitments provide the foundation for the related goals and objectives present in the Three-Year Plan and, by extension, the allocation criteria.

Since FY15, the Board has as part of the approved allocation criteria identified, as a specific priority, behavioral health services and supports to those with a behavioral health condition and criminal justice system involvement. The intent of the allocation criteria has been to: assure appropriate linkage to behavioral health services following incarceration; deflect people with

serious behavioral health problems prior to incarceration; improve coordination between community-based service providers; and offer services associated with specialty courts.

Background on “Innovative Practices and Access to Behavioral Health Services”

This CCMHB priority category has been refined in recent years and has come to include a set of programs long-funded by the board, as some traditional behavioral health and social services are not otherwise funded but remain relevant. Innovations in care and access to care are also included under this priority, to address unmet support needs of Champaign County residents.

The foundation for this priority is largely a response to shifts in the operating environment, as developments in state and federal care systems and safety net have had an impact on access, even to traditional care. Expansion of Medicaid and implementation of Managed Care may improve people’s access to important services, but enrollment in benefits programs is often confusing and frustrating. The CCMHB’s commitment improves access for people who have no insurance; for those who do have insurance, many helpful supports are not yet included in their plans. While Illinois has the strongest ‘parity’ laws in the country, so that insurance should pay for behavioral health care at a level similar to its coverage for physical health, many still do not have access to services, in large part due to the provider workforce shortage. At state and federal levels, there is also a growing appreciation of social determinants of behavioral health, not only in the potential for cost savings to other publicly funded systems but also in the promise of improved health for all members of our communities. This awareness is demonstrated in the State of Illinois’ 1115 waiver, with pilots to test innovations, and in the federal Health and Human Services priorities.

Current (PY2020) Funding Priorities

From the PY2020 Funding Allocation Decision Criteria and Priorities Document:

Behavioral Health Supports for People with Justice Involvement

The CCMHB has a commitment to making community-based behavioral health supports available to people who have mental illness and/or substance use disorders and involvement with the criminal justice system. Local government, law enforcement, service providers, and stakeholders continue to collaborate and have made progress in: data collection and analysis; brief screening, case management, and benefits enrollment for those in jail; and coordinated supports for people in reentry. These resonate with recommendations of the County’s Racial Justice Task Force. Shared goals of the collaborations are: avoiding and reducing unnecessary incarceration and hospitalization through crisis stabilization; improved access to treatments that work; redirecting people to effective supports and services; and keeping them engaged. A two-year collaboration funded by the US Department of Justice and the CCMHB resulted in recommendations to: strengthen the system (see also Innovative Practices priority below), create a coordinating council; make a case manager available to people served by the Public Defender’s office; and continue to explore feasibility of a 24 hour ‘crisis center’ or appropriate alternative, such as coordinated crisis interventions across the community. In PY2020, the CCMHB will support programs addressing the needs of *survivors of violence*, *youth* who have a risk of juvenile justice involvement or are in re-entry, and *adults* who have a risk of incarceration or are in re-entry. Trauma-informed practice is appropriate for each group of people, and program

focus may range from decreasing the risk of involvement to providing support for re-entry. **6 agencies, 9 programs, totaling \$970,847**

Innovative Practices and Access to Behavioral Health Services

The Behavioral Health/Justice Involvement priority is meant to correct the uncoordinated system in which people in crisis end up in jails, emergency departments, homeless shelters, churches, and public facilities rather than in appropriate care. Across the country, this has been the result of an underdeveloped and underfunded community-based behavioral health system. Another response is support for access to core services and alternatives to core services, with innovations that are not otherwise funded. Programs may overlap with the above priority, especially in regard to those in crisis. While advocating for large scale system improvements: *improve access to services* which are billable to public or private insurance; *increase enrollment in health plans*, private or public, as uninsured rates have risen again; identify non-billable services which would *narrow the gaps* in the behavioral health system; *pilot innovative approaches* to improve outcomes for people. **11 agencies, 14 programs, totaling \$1,371,244**

Programs Funded During PY2020

Behavioral Health Supports for People with Justice Involvement

6 agencies, 9 programs, totaling \$970,847

CCRPC "Justice Diversion Program" \$75,308

The Justice Diversion Program is the primary connection point for case management and services for persons who have Rantoul Police Department Crisis Intervention Team (CIT) and/or domestic contacts, offering case management with a goal to reduce criminal recidivism and help clients develop and implement plans to become successful and productive members of the community, offering law enforcement an alternative to formal processing. The JDP develops additional community resources and access to services in Rantoul.

CCRPC "Youth Assessment Center" \$76,350

The YAC screens youth for risk factors and links youth/families to support and restorative community services. The YAC provides an alternative to prosecution for youth involved in delinquent activity. Case managers, using Trauma Informed Care and BARJ principles, screen juvenile offenders referred to our program to identify issues that might have influenced the offense and link youth to services to address the identified issues. Focused on helping youth be resilient, resourceful, responsible and contributing members of society.

CC CAC "Children's Advocacy Center" \$52,754

Promoting healing and justice for children/youth who have been sexually abused. Offers a family-friendly initial investigative interview site; supportive services for the child and non-offending family promoting healing; and abuse investigation coordination. Most of the young people served are victims of sexual abuse. Provides services for victims of severe physical abuse and of child trafficking. Trauma inflicted by these crimes is deep; with the right help the young person can begin to heal.

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CC Health Care Cons "Justice Involved CHW Services & Benefits" \$54,775

Community Health Worker services as described in CHW program below, for people at the Champaign County jail. Services are offered on-site, to improve access to care upon discharge/release. Provider also coordinates with related programs and coalitions, toward improved response for those in crisis or incarcerated.

Family Service "Counseling" \$30,000

Affordable, accessible counseling services to families, couples and people of all ages. Clients are given tools and supports to successfully deal with life challenges such as divorce, marital and parent/child conflict, depression, anxiety, abuse, substance abuse/dependency and trauma. Strength-based, client driven services utilize family and other natural support systems and are respectful of the client's values, beliefs, traditions, customs and personal preferences.

First Followers "Peer Mentoring for Re-entry" \$95,000

Mission is to build strong and peaceful communities by providing support and guidance to the formerly incarcerated, their loved ones, and the community. Offers assistance in job searches, accessing housing and identification as well as emotional support to assist people during the transition from incarceration to the community. In addition, we carry out advocacy work aimed at reducing the stigma associated with felony convictions and attempt to open doors of opportunity for those with a criminal background.

Rosecrance Central Illinois "Criminal Justice PSC" \$304,350

Individuals at the Champaign County Jail receive screening and, as appropriate, mental health assessment, substance abuse assessment, counseling, case management, individual and/or intensive outpatient substance abuse treatment, and linkage to additional supports as needed in the community.

Rosecrance Central Illinois "Fresh Start" \$79,310

Aimed at addressing the root cause of the violence, customized for our community in coordination with the Champaign Community Coalition's Fresh Start Initiative, involving a 3-pillar approach – Community, Law Enforcement, and a Case Manager. Identifies and focuses on individuals with history of violent, gun-related behaviors. Participants are offered an alternative to violence, with intensive case management, assistance accessing services (such as medical, dental, behavioral health) to address immediate personal or family issues and to overcome barriers to employment, housing, education.

Rosecrance Central Illinois "Specialty Courts" \$203,000

People sentenced to Champaign County Drug Court receive substance use disorder assessment, individualized treatment planning, individual counseling sessions, and a wide array of education and therapeutic groups. Case manager provides intensive case management to connect the clients to overcome barriers to treatment, such as access to food, clothing, medical and dental services, mental health treatment, employment, housing, education, transportation, and childcare.

Innovative Practices and Access to Behavioral Health Services

11 agencies, 14 programs, totaling \$1,371,244

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CCRPC "Homeless Services System Coordination" \$51,906

Homeless Services System Coordination program supports a position to: support, facilitate, and direct the IL-503 Continuum of Care (CoC); to support the body's mission to end homelessness in Champaign County through a coordinated network of resources for those who are homeless or at-risk of becoming homeless; coordinate efforts across the CoC membership to support its goals and the Homeless Emergency and Rapid Transition to Housing (HEARTH) Act regulations; and build and maintain collaborative partnerships with CoC membership and affiliates, working closely with the CoC Executive Committee.

CC Christian Health Ctr "Mental Health Care at CCCHC" \$13,000

Currently, CCCHC patients may receive mental health screenings, primary care, prescriptions, and referrals to specialized care as needed. Any uninsured and underinsured resident of Champaign County, typically between the ages of 18 and 64, is eligible. Primary care providers treat or refer those with MH conditions, especially anxiety and depression. With this grant CCCHC will recruit new psychiatrists, psychologists, and counselors to provide direct MH care, greatly enhancing community resources. Recruiting strategies: contacting hospitals and health care facilities to promote CCCHC; targeting organizations that have potential MH volunteers; and connecting with a psychiatrist who runs a residency program to bring services to CCCHC patients.

CC Health Care Consumers "CHW Outreach and Benefit Enrollment" \$59,300

Enrollment in health insurance and other public benefit programs; help with maintenance of benefits; case management; education and outreach. Enrollment in Medicaid, Medicaid Managed Care, private plans through ACA Marketplace, Medicare for those eligible by virtue of age or disability, Medicare Extra Help, Medicare Savings Program to reduce the out of pocket costs, hospital/clinic financial assistance programs. Help applying for Promise Healthcare's sliding scale and completing the new patient packet. In-house Rx Fund for low-income individuals, enrollment in pharmaceutical assistance programs, SNAP and SafeLink phone program. Access to affordable dental and vision care. Case-management, referrals and advocacy to access other benefits and social services.

CSCNCC "Resource Connection" \$67,596

A multi-service program aimed at assisting residents of northern Champaign County with basic needs and connecting them with mental health and other social services. Serves as a satellite site for various human service agencies providing mental health, physical health, energy assistance, and related social services. Features an emergency food pantry, prescription assistance, clothing and shelter coordination, and similar services for over 1,700 households in northern Champaign County.

Cunningham Children's Home "ECHO Housing/Employment Support" \$95,773

Works closely with individuals who are homeless or at risk of homelessness, through intensive case management and care coordination geared towards promoting permanent housing and employment and resolving barriers. The Case Manager takes a holistic approach to supportive services by countering possible barriers to goal stability (e.g., basic needs, child care, physical



health, and mental health). Participants receive weekly services that last until 90 days after obtaining both housing and employment.

ECIRMAC (Refugee Center) "Family Support & Strengthening" \$56,440

Supports and strengthens refugee and immigrant families transitioning and adjusting to American culture and expectations. Provides orientation, information/referral, counseling, translation/interpretation services, culturally appropriate educational workshops, and help accessing entitlement programs. Bi-monthly newsletter and assistance to refugee/immigrant mutual support groups. Staff speaks nine languages and accesses community volunteers to communicate with clients in languages not on staff.

Family Service "Self-Help Center" \$28,430

Information about and referral to local support groups. Provides assistance to develop new support groups and maintaining and strengthening existing groups. Program maintains a database of Champaign County support groups, national groups, and groups in formation. Information is available online and in printed directory and specialized support group listings. Provides consultation services, workshops, conferences, educational packets and maintains a lending library of resource materials.

Family Service "Senior Counseling & Advocacy" \$162,350

For Champaign County seniors and their families. Services are provided in the home or in the community. Caseworkers assist with needs and challenges faced by seniors, including grief, anxiety, depression, isolation, other mental health issues, family concerns, neglect, abuse, exploitation and need for services or benefits acquisition. Assists seniors providing care for adult children with disabilities and adults with disabilities age 18-59 experiencing abuse, neglect or financial exploitation.

GROW in Illinois "Peer-Support" \$77,239

Mutual-help; peer to peer 12-step program provides weekly support groups for mental health sufferers of all races and genders. GROW compliments the work of professional providers by connecting people with others in similar situations and empowering participants to do that part which they can and must be doing for themselves and with one another. While professional providers offer diagnosis and treatment, consumer-providers offer essential rehabilitation and prevention services because of firsthand experience with the recovery process.

Promise Healthcare "Mental Health Services with Promise" \$242,250

Promise Healthcare provides on-site mental health services to achieve the integration of medical and behavioral health care as supported by both the National Council for Community Behavioral Healthcare and the National Association of Community Health Centers. Mental health and medical providers collaborate, make referrals, and even walk a patient down the hall to meet with a therapist. Patients receive mental illness treatment through counselor, psychiatrist or primary care provider. Includes child and adolescent psychiatric services.

Promise Healthcare "Promise Healthcare Wellness" \$58,000

Provides support, case management, and benefit enrollment for patients with non-clinical barriers to achieving optimum medical and mental health. Targets hundreds of patients who have



a mental health diagnosis and a chronic medical condition and those at risk of or who have had a justice system encounter. Coordinators work with patients to remove barriers to optimum medical and mental health. Facilitates care at satellite location, and supports collaborations with other agencies, and community outreach.

Rattle the Stars "Youth Suicide Prevention Education" \$55,000

Designed to build skills and improve competence to encourage intervention between peers, and by parents and adults. Covering three core areas for intervention: what to look for to recognize mental illness, mental health crises, and suicidal thoughts; how to intervene by using appropriate and effective communication skills; and accessing necessary resources for professional care. Program is developed from evidence informed models and adheres to best practices suggested by nationally recognized mental health and suicide prevention agencies.

Rosecrance Central Illinois "Crisis, Access, & Benefits" \$203,960

A 24-hour program including Crisis Team and Crisis Line. Clinicians provide immediate intervention by responding to crisis line calls and conducting crisis assessments throughout Champaign County. The Crisis Team works closely with hospitals, local police, the University, and other local social service programs. Offers access services including information, triage, screening, assessment, and referral for consumers and members of the community.

Rosecrance Central Illinois "Recovery Home" \$200,000

Therapeutic interventions that facilitate: removal of barriers for safe/supportive housing; 12-Step support involvement; independent living skills; education/vocational skills; identification and use of natural supports; use of community resources; and peer support. Evidence based practices to be used include: 12-Step model and peer support; Level system; Case Management; and Contingency management initiatives.

Toward PY2021 Funding Priorities

CCMHB staff seek direction from the Board regarding these two priority areas. A final draft of PY2021 Allocation Decision Criteria and Priorities for Funding could be presented for November 20 approval. Toward the content, here are possible questions for Board discussion:

Do these priority areas remain relevant?

(e.g., related to community needs and demand for services; successes to date)

Are the priority areas still appropriate to the Mental Health Board's mission?

Do we expect changes in the operating environment which would justify expansion or reduction of currently funded programs?

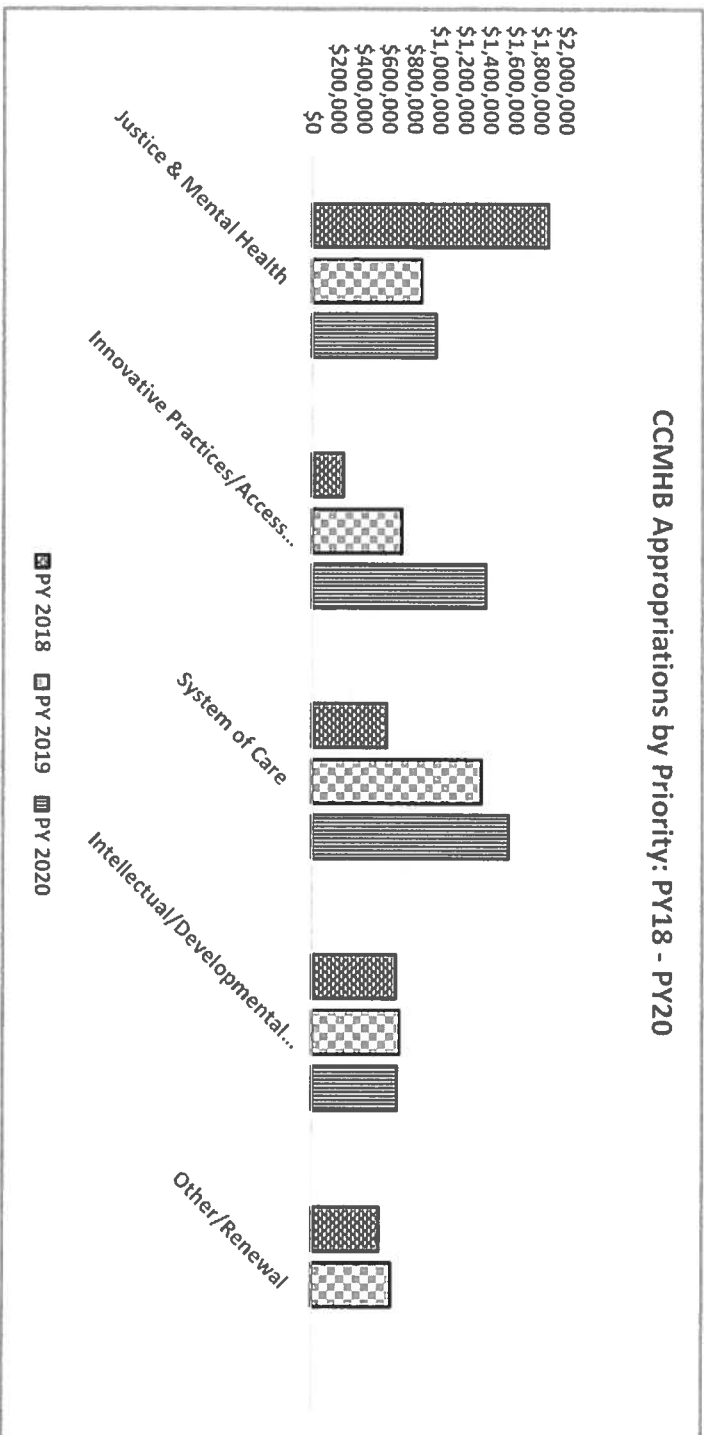
(e.g., changes in State funding, Medicaid, managed care, federal innovation grants, fundraising, and charitable giving could change the demand for CCMHB support.)

Should other aspects of the Decision Criteria *(overarching considerations, minimum responsiveness, caveats, etc.)* be revisited?



CCMHB Appropriations (contract awards) by Priority: PY2018 - 2020

Allocation by Priority	PY 2018	PY 2019	PY 2020	3 Yr Average
Justice & Mental Health	\$1,864,775	\$857,377	\$970,847	\$1,231,000
Innovative Practices/Access to Care	\$242,650	\$703,599	\$1,371,244	\$772,498
System of Care	\$585,500	\$1,335,789	\$1,553,310	\$1,158,200
Intellectual/Developmental Disabilities	\$657,294	\$685,885	\$666,750	\$669,976
Other/Renewal	\$524,843	\$619,279	\$0	\$381,374
Total	\$3,875,062	\$4,201,929	\$4,562,151	\$4,213,047



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