

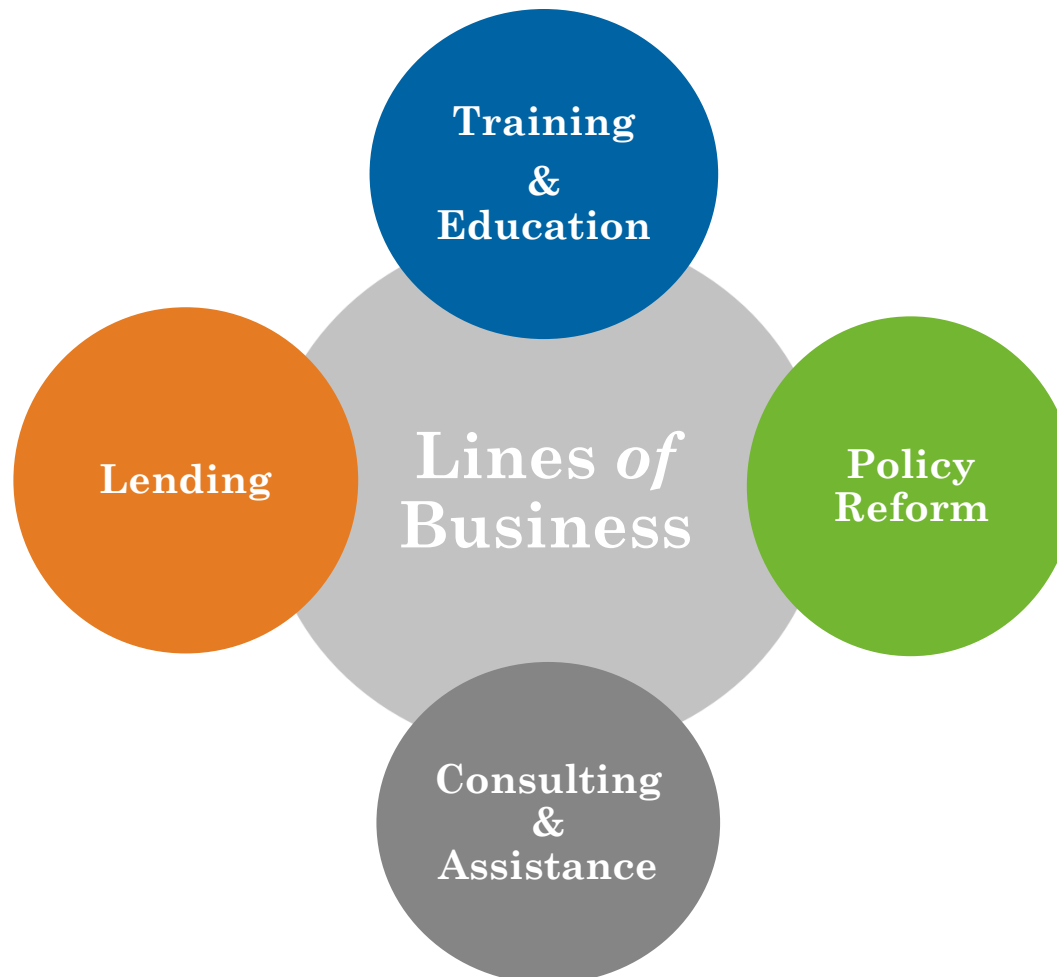
Creating Supportive Housing is Deceptively Simple

The Source for
Housing Solutions




CSH: What We Do

CSH is a touchstone for new ideas and best practices and an influential advocate for supportive housing.



Improving Lives





“We want Illinois to create a disability service system where supports and services are controlled by us – the individuals who receive them. We want opportunities. We want freedom. We want choices.”

Illinois Self-Advocacy Alliance, Position Statement

Welcome to Edwardsville!

The May building was created through many efforts and collaboration of self advocates, families, Division of Developmental Disabilities, State Housing Coordinator Lore Baker, Madison County Housing Authority, Trinity Inc., Ligas Family Advocate Program and Developmental Disabilities Services Metro East!



Let's watch a video!

<https://www.youtube.com/watch?v=DnSif-y-YqU>

The “Olmstead Case”



The Olmstead lawsuit started with two women from Georgia named Lois Curtis and Elaine Wilson who both had diagnoses of mental health conditions and intellectual disabilities.



What is Supportive Housing?

What is Supportive Housing?



Defining Supportive Housing

1
Targets
households
with barriers

2
Is Affordable

3
Provides
tenants with
leases

4
Engages
tenants in
voluntary
services

5
Coordinates
among key
partners

6
Connects
tenants with
community

Variety of Supportive Housing Types

Scattered Site

- Single Family Homes
- Apartments



Small Scale Single Site

- Rehab or New Construction
 - 4 units total



Mixed-Tenancy

- Rehab or New Construction



Supportive Housing is NOT:



Supportive Housing is NOT

- **Treatment**
- **Transitional**
- **Licensed community care**

Determining the Model

- **The Goal is:**
 - To put the person in charge of making as many decisions as possible
 - Maximize choices
 - Decrease to the greatest extent possible the segregation between people who have disabilities and the rest of the community
- **Separate but equal is no longer our goal.**

Dimensions of Quality



What is Supportive Housing?

**Adapted for Persons with IDD and their
Audiences**



What is Supportive Housing?

What is Supportive Housing?

Supportive housing is affordable and has services that help people live with stability, independence, choice, and dignity.



**This can be
supportive
housing**





**And this can be
supportive
housing too!**

A Quick Summary

Supportive Housing is a long term home.



- Must have a lease and be affordable
- In a neighborhood like anyone else
- Live alone or with a roommate they choose
- Must have services



Supportive Housing is NOT




- Residential Program, Group Home, Institution or Nursing Home




Supportive Housing

LEASE

1. I pay my rent on the 1st of the month.  

2. I will keep my house clean. I will not break things in my home.  

3. I will follow the rules in my building.   

4. My visitors must go home.   

By signing below , I am agreeing to follow the rules.

Signature:

Date:

Must have a lease

- Self-Advocate signs a lease and must follow rules
- Can live there for a long time
- Self-Advocate can live alone or with a roommate they choose

Supportive Housing



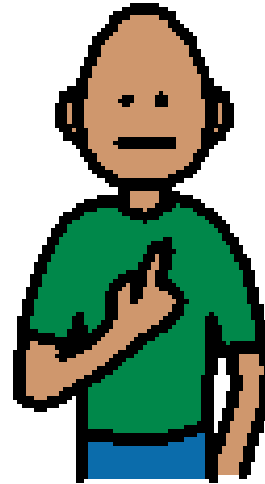
Is Affordable



- Doesn't cost all of someone's money
- People in Supportive Housing pay 30% of their income in rent
- Example: someone has \$733 from SSI. Their rent would be about \$220 per month

Supportive Housing

**Must have
Services**



- Sometimes people need help with reminders, bills, medication, daily activities, or following rules of the lease
- Supportive Housing is for anyone who needs some help in their housing

Supportive Housing Services

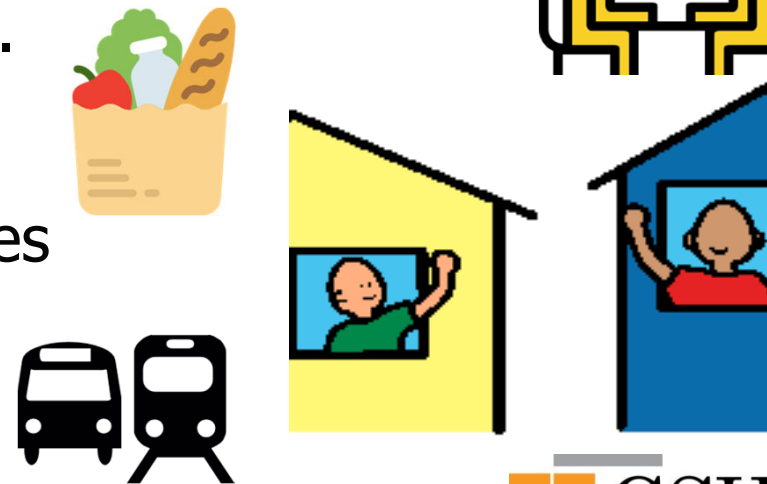
1. Self advocates have choices in what services they want. Services are Person-Centered and flexible.



2. The self-advocate, their family, their staff, and the landlord all talk to each other. Staff can help talk to the landlord.




3. Self-Advocates live in neighborhoods and go places just like everyone else!





Types of Support

1. Agency hires support people
2. Parents hire support people
3. Self Advocate hires support people



**What have we used for the
William's Case as the
intervention and how has it
worked?**

The Intervention

**Affordable,
Portable
Bridge
Subsidies**

**A Regular
Lease – Full
Unit**

**Money for
Furniture**

**Wrap-Around
Voluntary
Services in the
Home**

**A Place to Meet
Friends and
Plan**

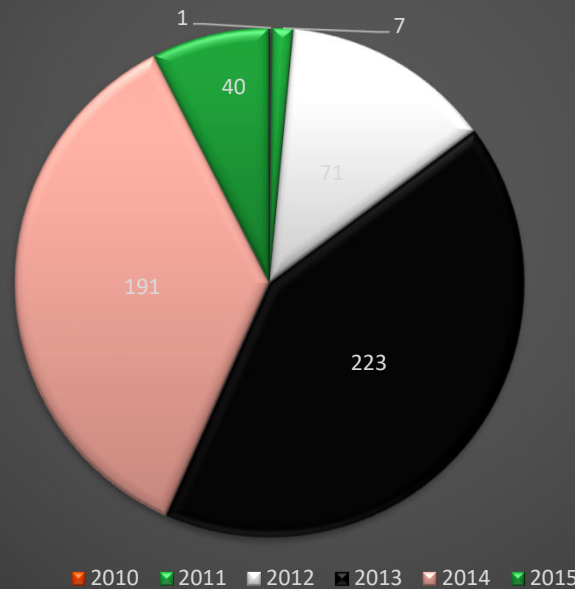
**Home- Not
Transitioning
to Home**

Dimensions of Quality



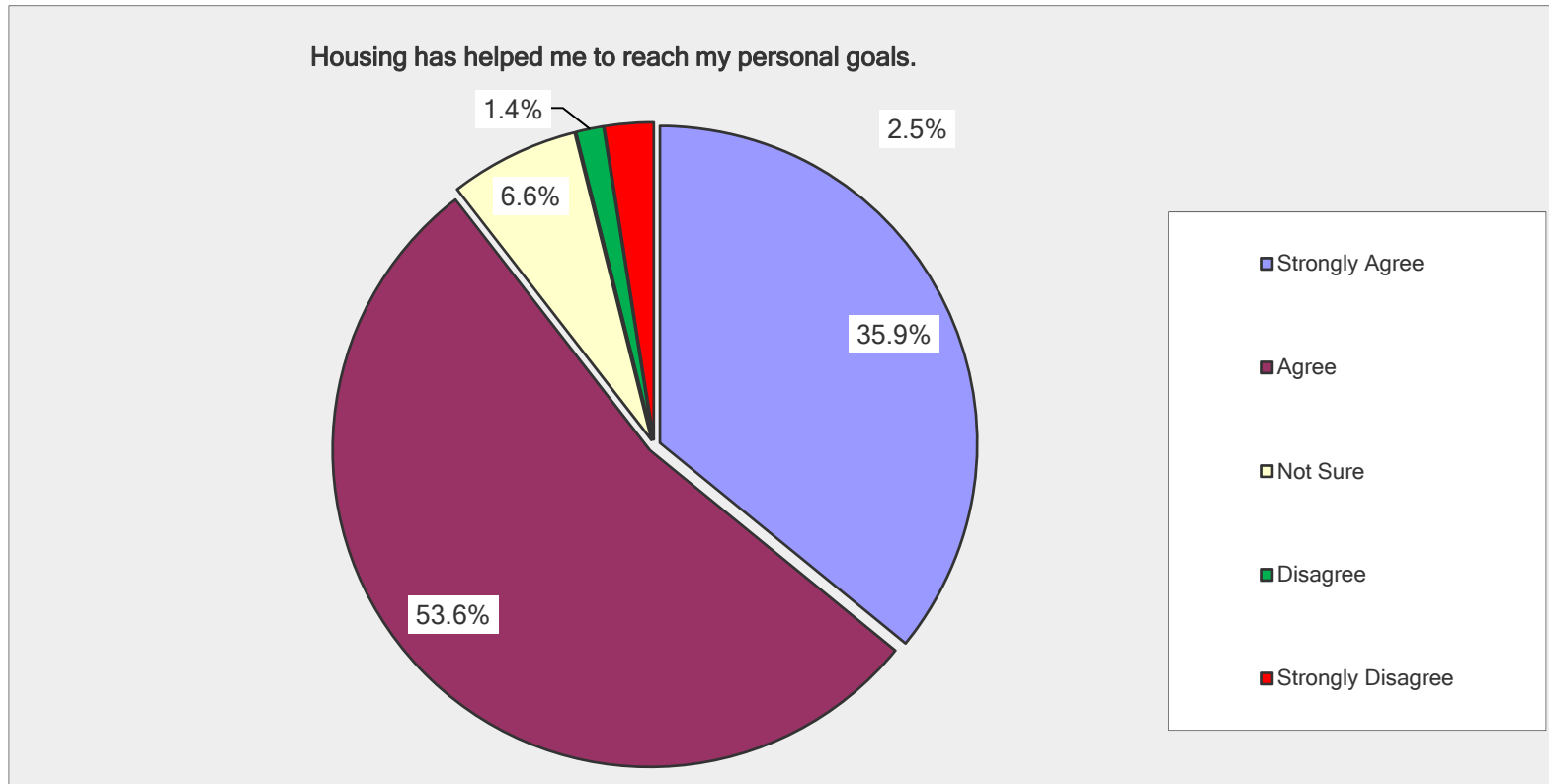
Are Consumers Satisfied?

Year that Sample Group Moved Into Their Apartment



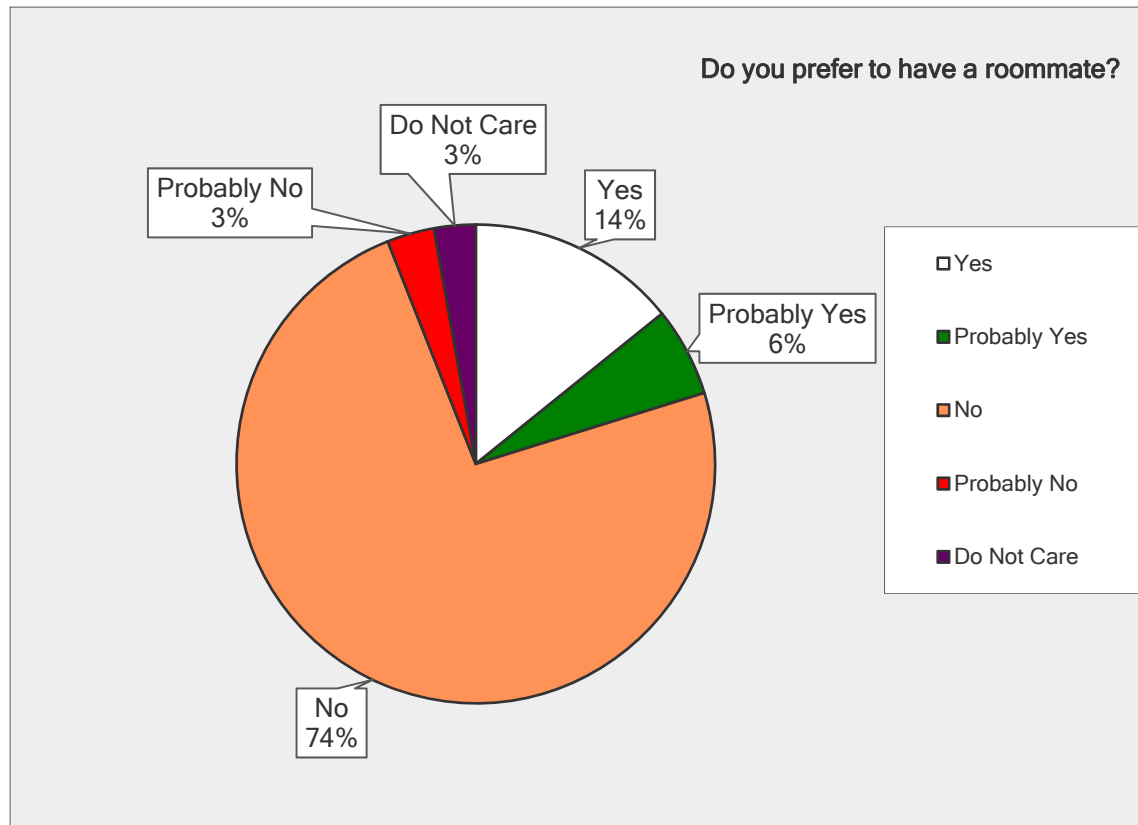
533 of the first 817 people returned the sample (72%).

Are Consumers Satisfied?



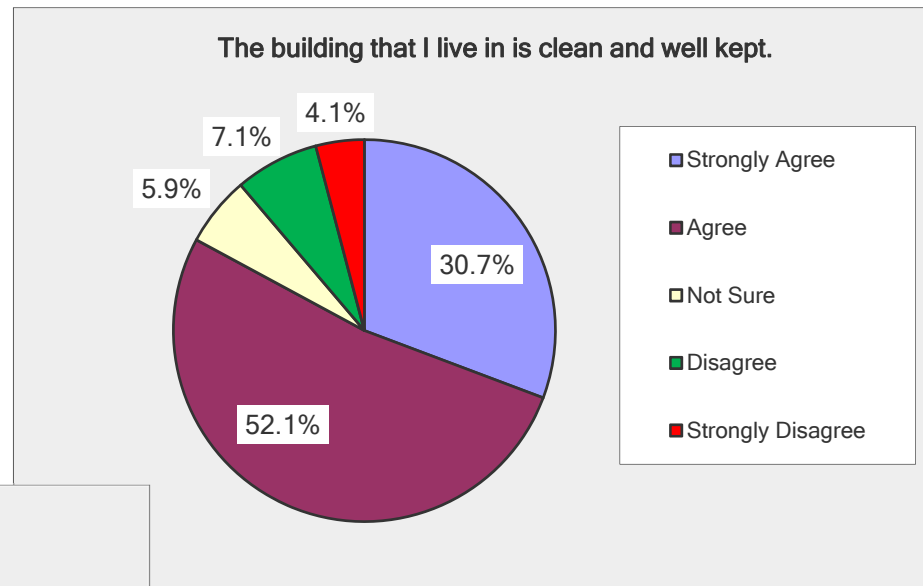
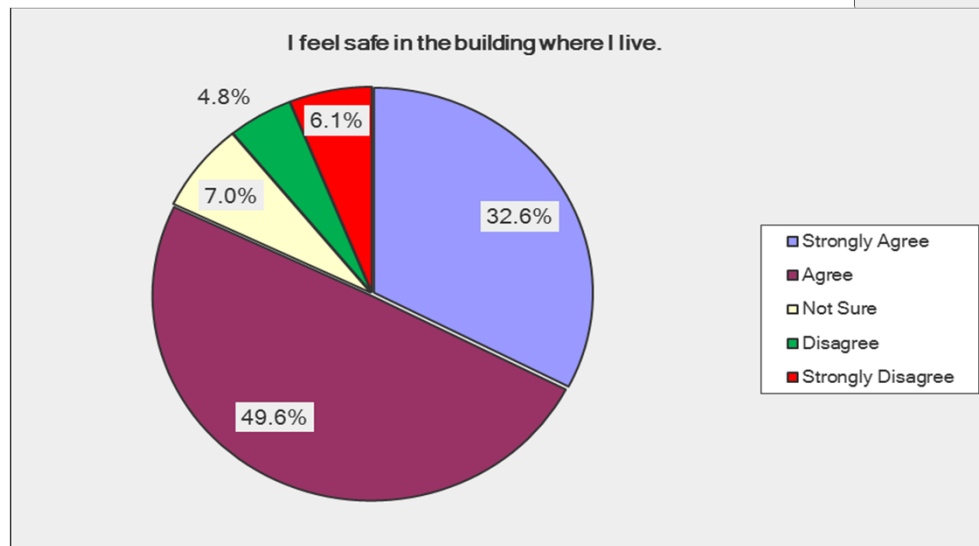
89.5% of tenants said that the Bridge Subsidy Program and supports helped them to reach their goals.

Are Consumers Satisfied?

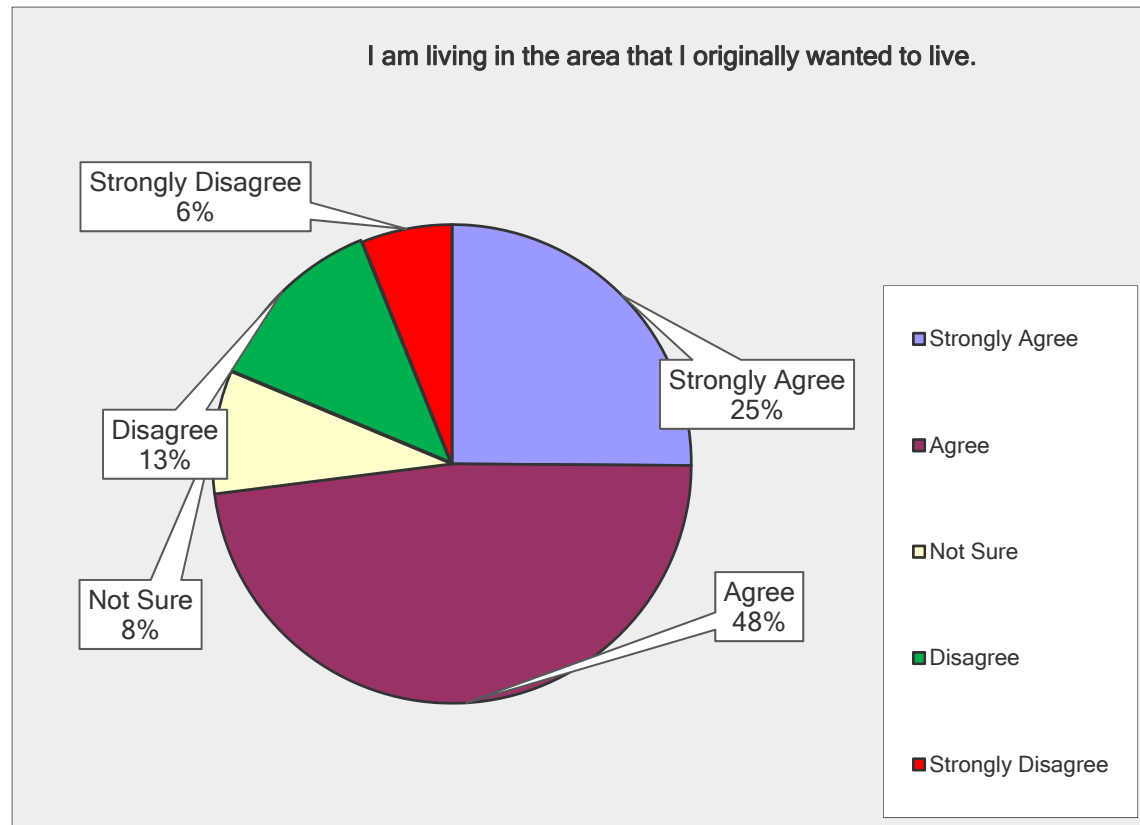


75% of tenants prefer their own apartment and to live alone.

Are Consumers Satisfied?

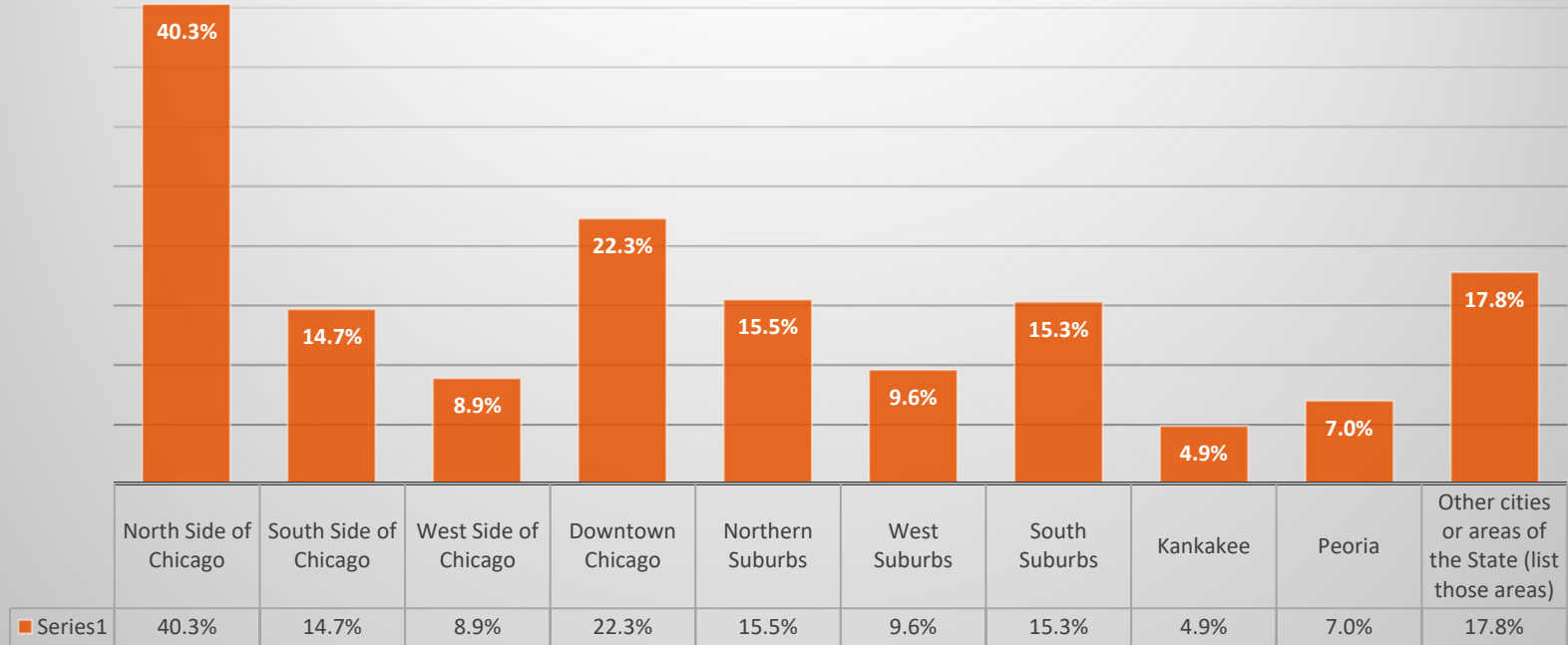


Are Consumers Satisfied?



Are Consumers Satisfied?

29. What areas of Illinois would fit your needs if you could move anywhere? (Check all that Apply)

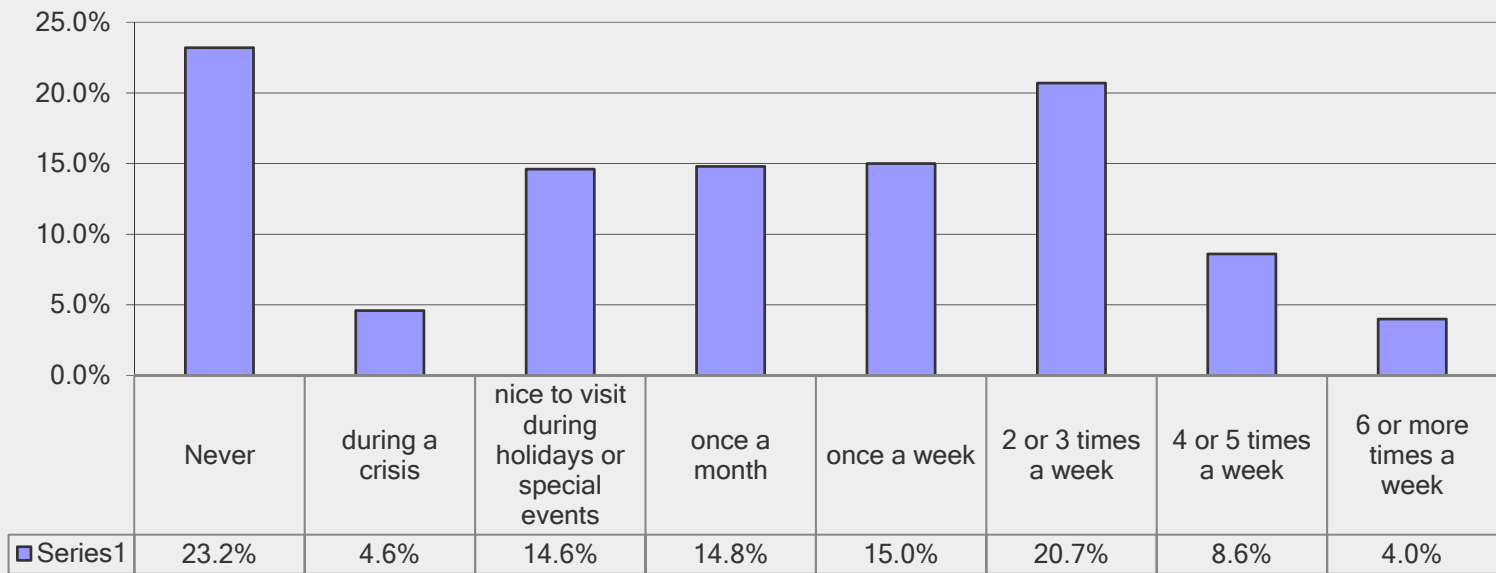


Are Consumer's Satisfied?

- 1. People like their apartment, their caseworker, their agency.
- The service amounts requested are the service amounts delivered.
- People like their furnishings.

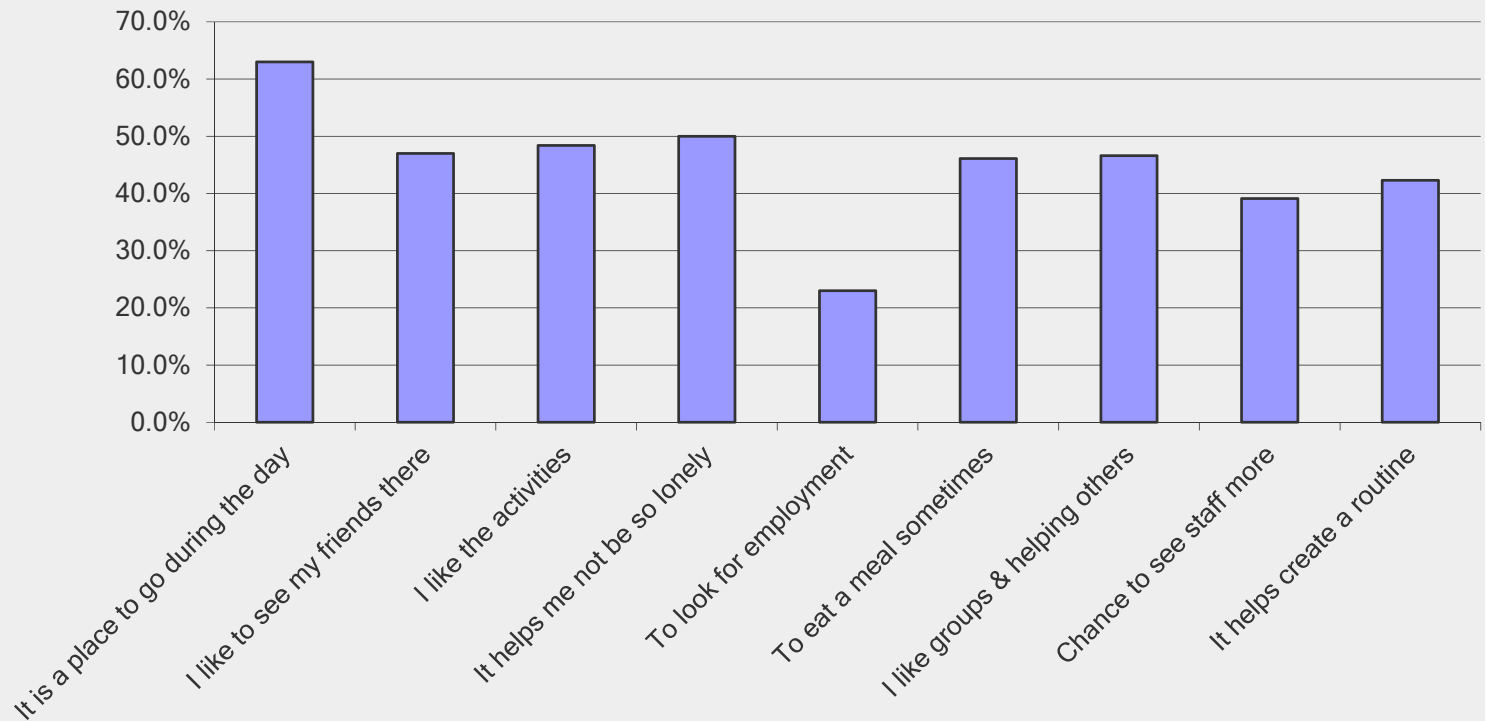
Are Consumers Satisfied?

How often do you use the drop-in center?



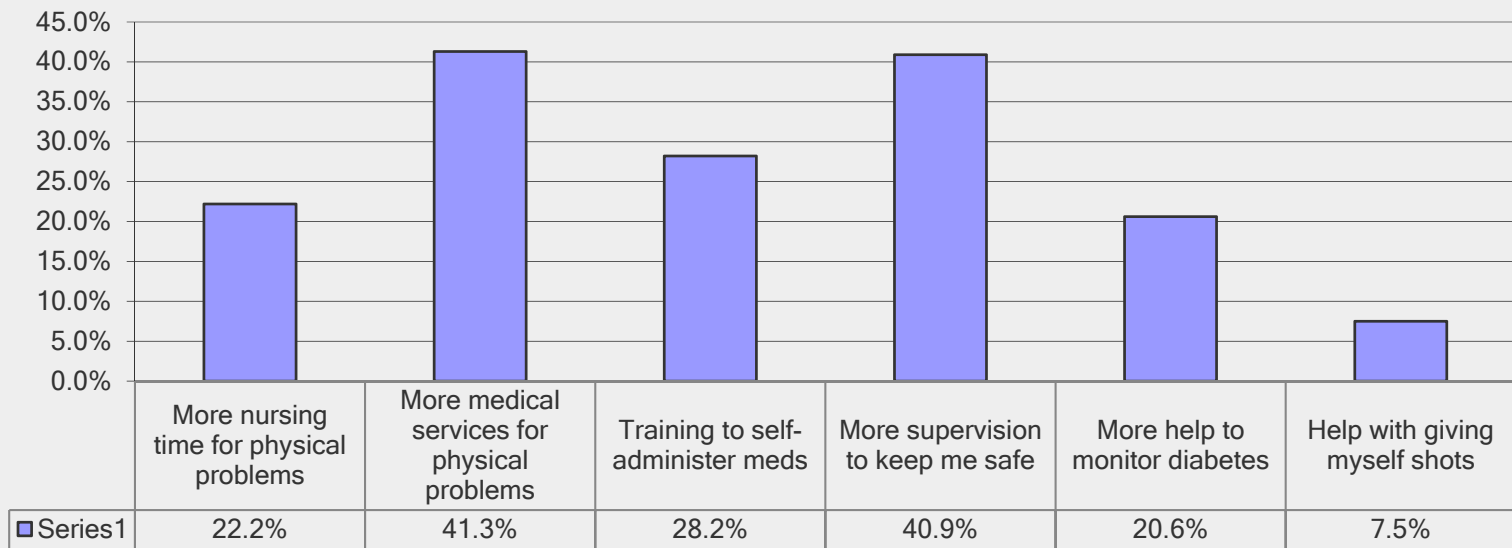
Are Consumers Satisfied?


45. Check the reasons you use the drop in center?




Are Consumers Satisfied?

55. What additional services or supports do you think might be useful for you to stay housed? (check all that apply as needed services just in case you need it)





**What have we used for the
William's Case as the
intervention and how has it
worked?**



What have we used for the Ligas Case as the intervention and how has it worked?

What is the Problem?

The Source for
Housing Solutions



What is the Problem?

Supportive Housing is not a single intervention.

It is the combination of:

- 1. Affordable Housing**
- 2. Individualized On-Site Support Services**

What is the Problem?

Supportive Housing is not a single intervention.

Coordination of those services and the housing is key and difficult to achieve.

- 1. Individual's expectations vary**
- 2. Family and Community Expectations vary**
- 3. Service providers competence, training, and expectations vary**
- 4. Community and Individual Propert's tolerance for learning and supporting people vary.**

What is the Problem?

Affordable Housing Takes a Long Time to Develop for Individuals on SSI that need deeply safe, affordable housing.

1. Often needs Physical Features that Allow Accessibility.

- a. Choice becomes limited by what is reasonable**
- b. Moving locations becomes more difficult because of resources to move and new modifications**
- c. Choice is limited by access to regular support services**

What is the Problem?

Affordable Housing Takes a Long Time and has compromises because of neighborhood resistance to new buildings (NIMBY)

Affordable Housing has lots of competing constituencies for a limited resource.

Affordable Housing saves money in the long run but requires money now.

Affordable Housing financing generally needs to build large buildings because of the methods of Federal Financing and the complications.

Financing PSH: A 3-Legged Stool

3 key budgets that must be financed

Capital

The bricks and mortar

Operating

Day-to-Day operations of the building

Services

Providing the necessary supports



What is the Problem?

Services are not all equal

1. Most parts of the state have no expectation of delivering services in the home.
2. Most social service schools do not adequately train staff to do services in the home, train in the model, or set the expectation that this is where services are to be delivered.
 - a. It is about place based services.
 - b. People should be transported to me
 - c. If people can't get to me, they need institutional care.

2014 Supportive Housing Institute Teams



1. Protected Tomorrows- Vernon Hills
2. Heroes of the Game - Rockford
3. Ray Graham Association – Naperville
4. Jewish Children’s Services – Skokie
5. Village of Progress - Ogle County
6. Ass. for Individual Development - Aurora
7. SouthSTAR/SW Com Part – SW Suburbs
8. LSSI – Dixon
9. MarcFirst – Bloomington
10. The Autism Project – Champaign
11. The “H” Group – Marion, IL

2015 Agencies Interested in Supportive Housing So Far

1. Anixter Center - Chicago
2. Envision – Chicago
3. Caritas Family Solutions – Belleville
4. Pioneer Center – McHenry
5. Seguin Services – Cicero
6. Trinity Services, INC – Joliet
7. Little City Foundation – Palatine
8. New Hope Center - Dolton

CSH Systematically Creates Supportive Housing in Many Communities

Families

Training and awareness for Family Advocates

Developers and Agencies

Training for Teams to Develop Projects Funded by Government Sources

Self-

Advocates

Encouraging Self-Advocates to lead change

Legislative, Procedural, Implementation and Systemic Change

Involving and creating systemic change through policy change as TA for Government, social service implementation & Housing Development

Housing is the beginning, not the end.



More Information

IDD Resources - <http://www.csh.org/integration>

DMH Surveys and Results -

<http://www.csh.org/2017/10/do-illinois-residents-like-supportive-housing-yes/>

Integrated Supportive Housing Toolkit –

<http://www.csh.org/supportive-housing-integrated-models-toolkit/>

CSH Videos – Utube- CSH Vidz

The Nami Task Force -

<http://housingtaskforce.org/partners.html>

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