



**Champaign County Mental Health Board (CCMHB)**  
**Study Session Agenda**  
**Wednesday, January 29, 2025, 5:45PM**

*This study session will be held in person at the Shields-Carter Room of the Brookens Administrative Building, 1776 East Washington Street, Urbana, IL 61802. Members of the public may attend in person or watch the meeting live through this link: <https://uso2web.zoom.us/j/81393675682> Meeting ID: 813 9367 5682*

- I. Call to order**
- II. Roll call**
- III. Approval of Agenda\***
- IV. Public Participation/Agency Input** *All are welcome to attend the Board’s meeting to observe and to offer thoughts during this time. The Chair may limit public participation to 5 minutes per person and/or 20 minutes total.*
- V. Chairperson’s Comments – Molly McLay**
- VI. Associate Director’s Comments – Leon Bryson**
  
- VII. STUDY SESSION**
  - a) **Mid-Year Progress Report** (pages 3-16)  
*A representative of GCAP will offer a progress report on the newly funded program. Materials supporting the presentation are included in the packet.*
  - b) **Mid-Year Progress Reports** (pages 17-28)  
*Representatives of Promise Healthcare will report on funded programs and other highlights. Materials supporting the presentation are included in the packet.*
  
- VIII. Public Participation/Agency Input**  
*The Chair reserves the authority to limit individual participation to 5 minutes and/or total time to 20 minutes.*
- IX. Board Announcements and Input**
- X. Adjournment**

*\* Board action is requested.*

*For accessible documents or assistance with any portion of this packet, please [contact us \(leon@ccmhb.org\)](mailto:leon@ccmhb.org).*

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# GCAP

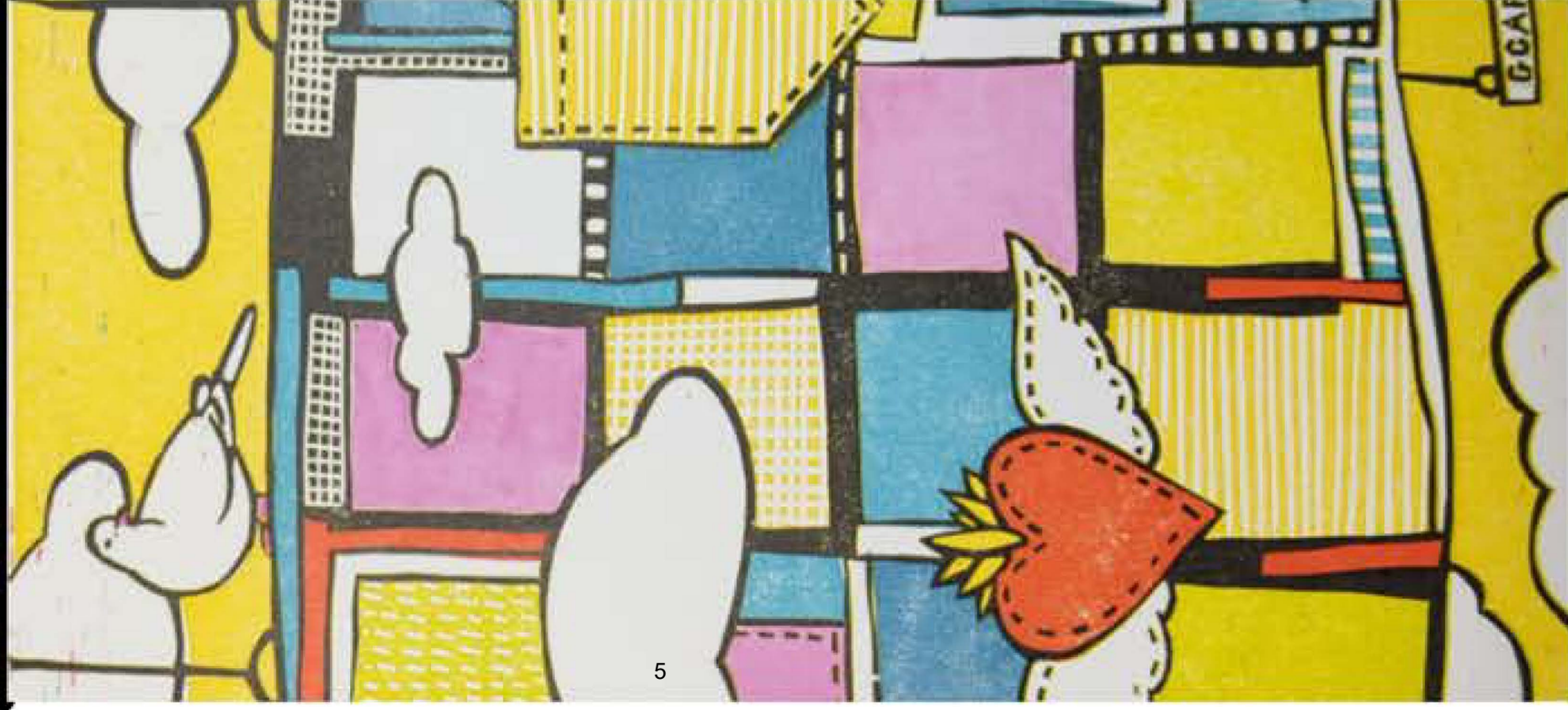
GREATER COMMUNITY  
AIDS PROJECT  
OF EAST CENTRAL ILLINOIS





## Who We Are

- Greater Community AIDS Project (GCAP) is a 501(c)(3) nonprofit organization dedicated to empowering individuals living with HIV and eliminating the transmission of HIV through education and advocacy.
- Founded in 1985 as the Gay Community AIDS Project by members of the LGBTQ+ community who witnessed the devastating impact of HIV/AIDS on their loved ones, GCAP has evolved into a comprehensive organization serving a ten-county region in East Central Illinois.
- In 1993, GCAP changed its name to Greater Community AIDS Project to reflect the reality that HIV/AIDS affects people from all walks of life, regardless of sexual orientation. Today, we continue to serve a diverse population and strive to create a more equitable and inclusive community.



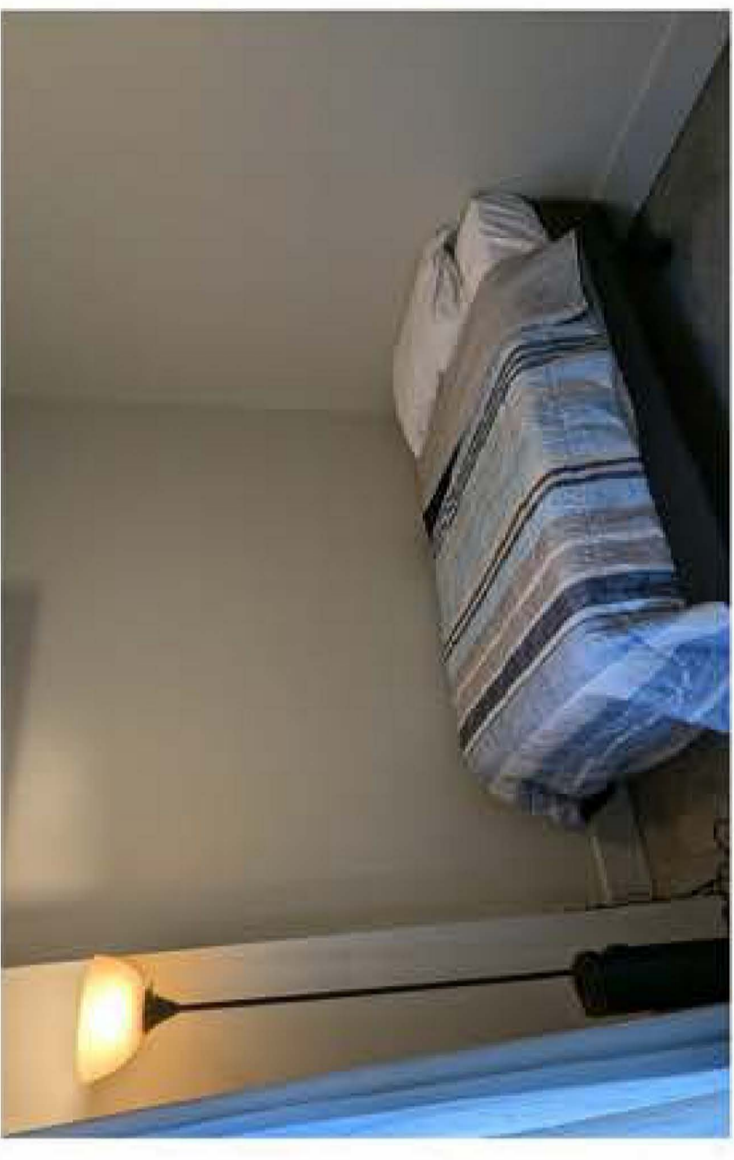
**What We Do**

- ▲ Housing Assistance
- ▲ Nutritional & Emergency Financial Assistance
- ▲ Case Management
- ▲ Education and Outreach

## **Transitional Housing (TH):**

### **Champaign House**

Champaign House is a 5-bed/7-person transitional housing facility for people living with HIV who are homeless. While clients reside in Champaign house, GCAP also offers case management to minimize barriers to permanent housing



## **Emergency Housing (EH):**

### **Motel Assistance**

The Emergency Housing Program provides immediate shelter to individuals living with HIV/AIDS who are homeless or at risk of becoming homeless. The program uses hotels and motels and is available when shelters and transitional housing are full or not accessible. Clients are required to participate in case management while enrolled in EH services.



## Nutritional Assistance

GCAP collaborates with the Eastern Illinois Foodbank to offer food assistance to individuals living with HIV/AIDS. Clients can schedule a time to visit our food pantry or have their case manager pick up food for them.

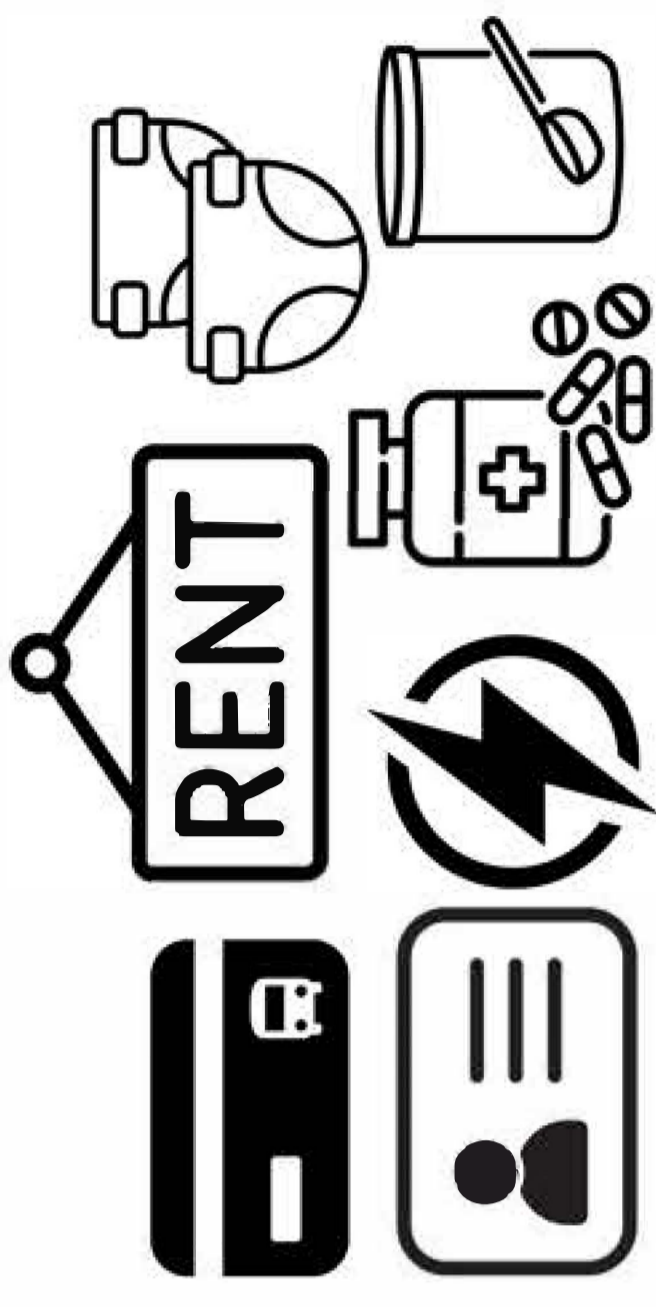
Additionally, GCAP provides Walmart food vouchers to clients who are unable to visit the food pantry or require specific dietary needs.



## Emergency Financial Assistance

These emergency funds are accessible to individuals living with HIV/AIDS and can be used for such things as past due **rent**, **utilities**, **infant/child care** (for Perinatal HIV clients), **medical expenses** that are not covered under other programs, **transportation**, etc.

Funds can be requested through an individuals HIV case manager.



## Case Management

Thanks to a grant from the Champaign County Mental Health Board, GCAP has hired a part-time Case Manager.

Our Case Manager provides crucial support to clients by:

- **Goal Setting:** Uses Motivational Interviewing to empower clients in setting and achieving their goals.
- **Transportation Assistance:** Assisting with transportation to appointments and essential locations.
- **Housing Navigation:** Assisting clients with finding and securing stable housing.
- **Resource Connections:** Connecting clients with vital community resources, such as food banks, healthcare providers, and social services.

Our Case Manager possesses specialized training in:

- **Motivational Interviewing:** A client-centered approach that promotes self-directed behavior change.
- **HIV Navigation:** Providing comprehensive support and guidance to individuals living with HIV.

Our Case Manager actively engages clients through:

- **Organized Outings:** Fun and enriching group activities that promote social interaction and well-being.
- **Group Meetings:** Supportive group settings where clients can share experiences, build relationships, and receive peer support



### Recent Client Outings



Allerton, Monticello



Japan House, Urbana



Staerkel Planetarium, Champaign



Krannert Art Museum, Champaign



Museum of the Grand Prairie,  
Mahomet

## Education and Outreach

GCAP offers presentations on various HIV-related topics, including prevention strategies, coping with HIV, and providing care for individuals living with HIV. Staff and trained volunteers are available to speak to individuals, community groups, and organizations.

Additionally, GCAP actively participates in community outreach events to raise awareness about HIV/AIDS and challenge stigma.

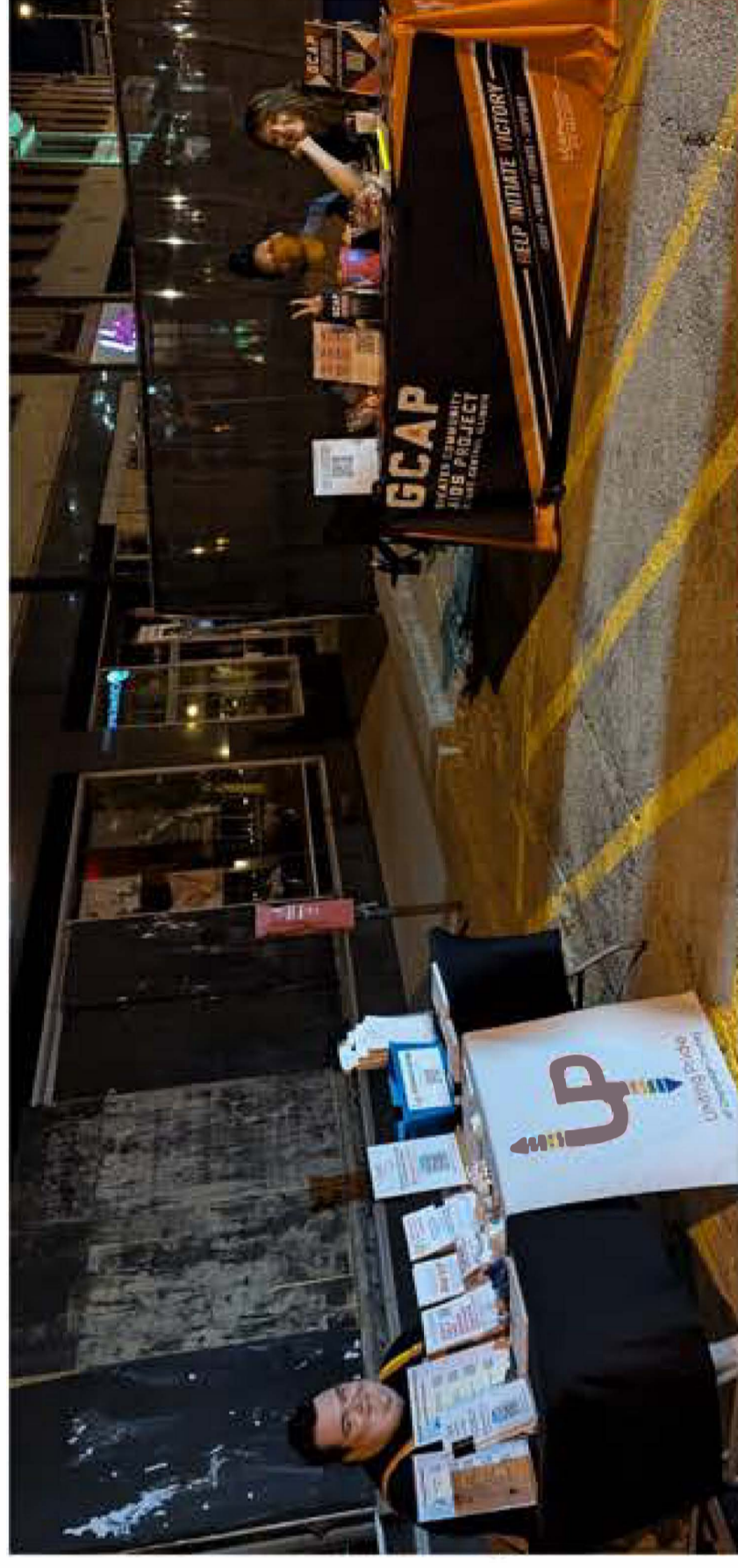


## Our Impact:

- **Treatment Plan Clients:**
  - Impact: Provided comprehensive care and support to **14 individuals** living with HIV, leading to improved health outcomes and increased quality of life.
- **Non-Treatment Plan Contacts:**
  - Provided essential services, such as housing assistance, food security, and transportation, to **54 individuals** to support their well-being and health.
- **Service Contacts:**
  - Impact: Made contact with **26 individuals** in the community (not including NTPC clients) through case manager referrals, self-referrals, outreach and education efforts, etc.
- **Community Service Events:**
  - Organized or partnered on **10 community events**, promoting HIV awareness, prevention, and stigma reduction
    - Get out and Get Tested 07/27
    - Pride fest and parade 09/21
    - LGBTQ+ competency training 08/06
    - Anthem event 11/16
    - Pride button making 09/17
    - World AIDS Day/Holiday Gala 12/1
    - HIV and AIDS awareness webinar 09/18
    - Day Without Art Panel 12/5
    - Pride downtown event 09/20
    - ACT UP and Beyond (with PPIL) 12/17

### **Our Partnerships:**

- Champaign-Urbana Public Health Department:
  - Client referrals, TBRA/STRMU assistance
- Uniting Pride of Champaign County:
  - Event collaboration, education and outreach
- LGBTQIA+ Subcommittee
  - includes CCRPC, Cunningham Township, CUPHD, and Uniting Pride
- Local COC (Continuum of Care):
  - LGBTQIA+ Subcommittee, monthly community-wide meetings
- Cunningham Township Office:
  - Client referrals
- Community Learning Lab:
  - Internships, volunteers, education and outreach
- University of Illinois Extension:
  - Nutrition programs (Harvest to Home)
- Planned Parenthood Illinois Action Alliance:
  - Event collaboration, education and outreach



## Our Highlights

- Successfully assisted 4 individuals in securing permanent housing placements (out of a total 6 discharged)
  - One individual unfortunately passed away to AIDS, however was surrounded with care and support through his end of life journey
  - One individual is staying with family
- Provided compassionate end-of-life care to a client.
  - Enhanced client support through a shared experience of loss and strengthened sense of community
- Received positive feedback from clients regarding the quality and effectiveness of our services, as demonstrated by the Resident Satisfaction Survey.
- Successfully revived the Holiday Gala, raising nearly \$9,000 to support program operations.
- Secured a significant grant from United Way to support our emergency financial assistance program.

## Client Testimonials

“I was accepted into the Champaign House in the summer of 2023. I needed to move back to Champaign for medical reasons. The care and support I have received here has made an incredible difference. I’m in a much better condition than when I first arrived. Having kind people around me has been very healing.”



Anonymous Client

“Thank you GCAP for saving my life! Homelessness in Champaign is rising and I would’ve never thought I would be close to it myself. Trying to maintain my health while having a place to stay is a battle that shook my world. GCAP not only gave me a roof over my head, but also a family network to love! All I can say (without crying haha) is THANK YOU ALL SO MUCH FOR WHAT YOU DO!”



Anonymous Client

### Our Funding Sources

- United Way Community Essentials Grant:
  - Funding for emergency assistance for people living with HIV/AIDS.
- Donor Advised Funds:
  - Earmarked funding for emergency housing for people living with OR vulnerable to HIV/AIDS.
- Champaign County Mental Health Board (CCMHB) funds:
  - Funds the ACE (Advocacy, Care, and Education) Program.
- Housing Opportunities for People With AIDS (HOPWA):
  - Funds operational costs for transitional housing.
- Grossman Estate Trust Fund
  - Funds operational costs associated with organization
- Broadway Cares Grant
  - Funding for emergency assistance for people living with HIV/AIDS.
- Donations:
  - From individuals and community organizations.
- Fundraising Events:
  - Artists Against AIDS, Holiday Gala



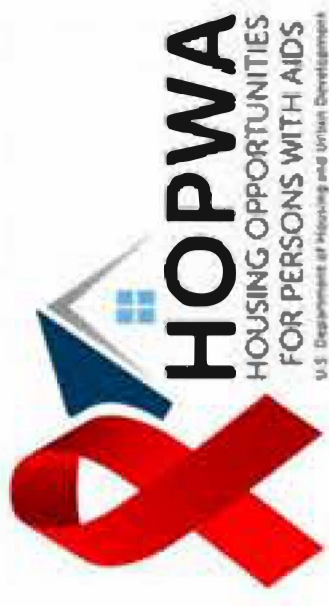
United Way  
of Champaign County



CHAMPAIGN COUNTY  
DEVELOPMENTAL  
DISABILITIES BOARD  
CHAMPAIGN COUNTY  
MENTAL HEALTH BOARD



BROADWAY  
CARES  
FIGHTS  
AIDS



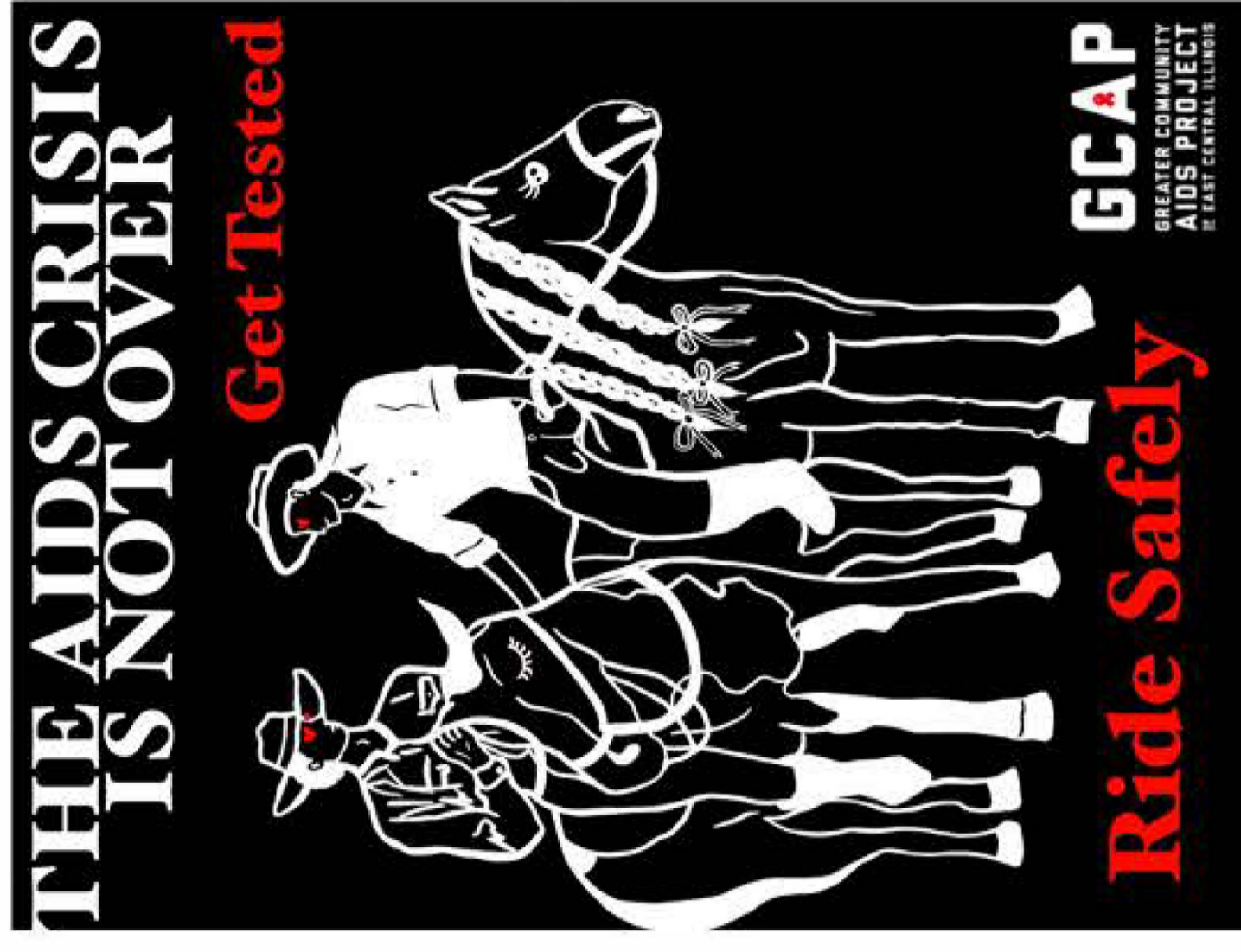
HOPWA  
HOUSING OPPORTUNITIES  
FOR PERSONS WITH AIDS  
U.S. Department of Housing and Urban Development



ILLINOIS DEPARTMENT OF PUBLIC HEALTH  
IDDPH  
PROTECTING HEALTH. IMPROVING LIVES

## Our Goals:

- **Meet the Need:**
  - Address the significant rise in demand for housing assistance, emergency housing, and financial aid.
  - Increase capacity to address the consistent 4-5 person waiting list for housing services.
  - Continue to effectively utilize motel services, while exploring long-term solutions to address emergency shelter needs.
- **Expand Services**
  - Expand services to include individuals vulnerable to HIV/AIDS in collaboration with the Continuum of Care LGBTQIA+ subcommittee and GTZ-IL (Getting to Zero Illinois).
  - Explore partnerships with other agencies to increase housing options (e.g., landlords, property management companies, supportive housing programs).
  - Increase funding sources to support expanded services and program sustainability.
    - This is also a goal of the Getting to Zero Housing Committee. Hopeful for funding for emergency housing in the near future!



# GCAP

GREATER COMMUNITY  
AIDS PROJECT  
OF EAST CENTRAL ILLINOIS



## Questions:

Greater Community AIDS Project of East Central Illinois (GCAP)

Darya Shahgheibi

Executive Director

[executivedirector@gcapnow.com](mailto:executivedirector@gcapnow.com)

217.351.2437



# Promise

## Healthcare

- We accept all patients regardless of ability to pay.
- We accept Medicaid, most insurance plans.
- We offer a sliding fee scale for patients with qualifying incomes of 200% of the household Federal poverty level and below.

**Healthcare For Everyone**

# Promise Healthcare

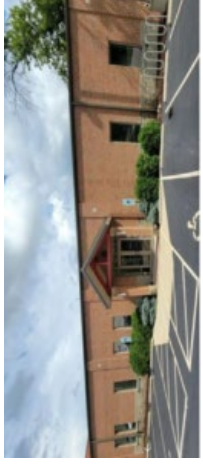
# Services



## Promise

Healthcare-Frances Nelson

- Primary Care
- Dental Care
- SUD services & MAT
- Counseling- Age 5+
- Psychiatry- Age 5+



## Promise

Healthcare-Urbana

- Primary Care –Under age 18
- Counseling & Psychiatry  
(When Providers Hired)
- SUD (When providers hired)



## Promise

Healthcare-Rantoul

- Psychiatry- Ages 5+
- (When provider recruited)
- SUD Services  
(When provider hired)
- Counseling



## Promise

Healthcare-Neil

- Counseling ages 5+
- Psychiatry- ages 5+

# CCMHB Supported Projects

## Closing the Gaps in Access to Care

### Mental Health

- Counseling & Psychiatry Services
- PHQ-2 and PHQ-9 Screenings
- Internal Referrals
- Project Outcomes
  - Serve 1,000 TPC and NTPC clients.
  - Increase awareness of mental health issues through education & Outreach.
  - Provide a minimum of 2,900 encounters to low-income patients for counseling and 3,200 for Psychiatry

### Wellness

- Assist 1,600+ patients through enabling services- insurance and other benefit enrollment, transportation, etc.
- Maintain a robust referral system and accept at least 1,000 referrals from partner agencies.
- Screen a minimum of 150 patients in need of Psychiatry and Counseling services.

## Mid-Year Data- Wellness Project

Mid-Year Data- Wellness Project		Continuing from	
	Target	Last Year (Q1)	Q1
Community Service Events	30	NA	23
Service/Screening Contacts	1,600	NA	612
NTPC	400	114	439
TPC	200	29	87
Other-Target Unduplicated Self-pay patients without other funding source	100	0	208

Notes- **Wellness SC: 612** patient encounters during the quarter.

**NTPC: 439** patients who were helped at least once during the quarter and not seen in previous quarters of this project year.

**TPC: 87** patients who had two or more contacts/assists during the quarter and were not seen in previous quarters of this project year.

Other: **208 SC** patients with no other payor source. On track with all metrics.

# Mid-Year Data- Mental Health Services

Mental Health- Counseling	Target	Continuing from Last Year (Q1)	Q1
Community Service Events	4	NA	5
Service/Screening Contacts	2,800	NA	850
NTPC	400	217	393
TPC	600	127	209
Other-Target Unduplicated Self-pay patients without other funding source	50	0	49

**Notes:**

Counseling- **SC: 850** kept appointments with counselors by Champaign County Residents

NTPC: **393 Champaign County** residents who did not complete assessment or chose not to engage in therapy.

**TPC: 209** Unique Champaign County residents served more than once by Counselors

Other: **49 SC** patients with no other payer source. Data indicates targets will be met.

Mental Health- Psychiatry	Target	Continuing from Last Year (Q1)	Q-1
Community Service Events	2	NA	1
Service/Screening Contacts	3,200		2,530
NTPC	900	1,008	1,340
TPC	1,000	504	678
Other-Target Unduplicated Self-pay patients without other funding source	100	NA	99

**Notes:**

**Psychiatry-SC: 2530** kept appointments with Psychiatrist by Champaign County Residents

**NTPC: 1340** Champaign County residents who do not complete assessment or chose not to engage in therapy.

**TPC: 678** Unique Champaign County residents served more than once by Psych providers and not previously seen in the grant period.

Other: **99 SC** Patients without payer source. Metrics are on track to meet targets.

## Meet our Navigator and Case Manager



**Billie Jo Blanton**

**Makayla Unzicker**

CCMHB funds support these positions in our Wellness Program. We are in the process of adding an additional Case Manager and Navigator.

## External Referrals – Counseling & Psychiatry

All Outside Referrals by Location – Q1					
Personal	467	DORS	1	Strides Shelter	4
OSF	82	Gateway Regional Med	1	Urbana School	8
Pavillion	41	Generation BH	1	Healthy Beginnings	3
Carle	15	Hoopeston Hospital	1	Christie Clinic	1
Champaign County Jail	7	Kindred	1	Cissna Park Family Medicine	2
CRCC	2	Lincoln Prairie	1	CU at Home	6
Cunningham Childrens Home	4	Molina	1	Eden Supportive Living	1
Danville Area College	2	Neuropsych Hospital	1	Highview Terrace	4
Davita Dialysis	3	One Hope United	3	Ford County Jail	3
Boys and Girls Club	1	Peachford Hospital	1	Pleasant Acres School	3
Riverside Med Center	9	Regional Planning Commission	2	Unknown School	5
Restore Urban Ministries	2	Tanner Place	1	Justice Victim Advocate	2
Rosencrance	18	Urbana Police Dept	1	Unknown	12
Total					723





## Highlights/Accomplishments/Future

- Development of workflows for internal & external referral workflows. Work will continue.
- Increased focus on case management and Community Health Workers. CCMHB funds helped sustain these positions.
- A new website and digital marketing strategy- Not funded by CCMHB.
- HRSA supported expansion—a grant was received to expand BH services and add SUD. A grant application to add a site and expand hours of service was submitted.
- Outreach, Education & Partnerships- Increased Focus.
- Behavioral Health /SUD Services integrated into Primary Care.
- Additional sites and services that meet the needs of our un-homed residents and residents of public housing.
- Psych NPs.
- Increased involvement with counseling training programs.
- Focus on developing training and education for Behavioral Health staff to offer a career path and help with staff recruitment.

## Partnerships & Collaborations

- CCMHB
- YWCA
- Urbana School District #116
- Rantoul City Schools #137, Rantoul Township High #193
- Champaign Unit 4 Schools
- ROEO
- CUPHD
- Champaign County Board of Health
- United Way
- Carle, OSF, Christie Clinic
- Rosecrance
- U of I Gies School of Business
- U of I Department of Social Work
- Champaign County Community Coalition
- CTSO Homeless Outreach & Shelter
- CSPH Regional Planning Commission
- Bright Point
- Feeding Champaign County
- C-U at Home
- DSC
- Rantoul Chamber of Commerce,
- Champaign County Chamber of Commerce
- Strides Shelter
- Salt & Light
- Christian Health Center
- Birth to Five Illinois
- Delta Dental
- Community Foundation of East Central Illinois
- Cunningham Township
- WIN Recovery
- Children’s Advocacy Center
- Multicultural Community Center- Rantoul
- WCIA & CI Living
- Cunningham Children’s Home

## Challenges

- Concerns about Federal grant funding.
- Medicaid Redetermination.
- Medicaid eligibility for immigrants.
- Staffing- There is a need to recruit clinical staff who are supportive of integrated services: team-based care models, shorter appointments, etc.
- Staffing: Enhanced competition with comp/benefits and signing bonuses & uncertainty around funding for National Health Service Corps loan repayment programs.

# Questions?

# Thank You!

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