# CHAMPAIGN COUNTY MENTAL HEALTH BOARD



# CHAMPAIGN COUNTY BOARD FOR CARE AND TREATMENT OF PERSONS WITH A DEVELOPMENTAL DISABILITY

PLEASE REMEMBER this meeting is being audio recorded.

Speak clearly into the microphone during the meeting.

# **Champaign County Developmental Disabilities Board (CCDDB) AGENDA**

# Wednesday, January 18, 2017

Brookens Administrative Building, Lyle Shields Room 1776 E. Washington St., Urbana, IL 61802

# Noon

(Members of the Champaign County Mental Health Board are invited to sit in as special guests)

- Call to Order
- 2. Roll Call Stephanie Howard-Gallo
- 3. Additions to Agenda
- 4. Citizen Input/Public Participation

  The CCDDB reserves the authority to limit individual public participation to five minutes and limit the total time to 30 minutes.
- 5. CCMHB Input
- 6. Approval of CCDDB Board Meeting Minutes\* (pages 3-7)
  - A. Minutes from 12/14/16 meeting are included. Board action is requested.
- 7. Secretary's Comments Ms. Joyce Dill
- 8. Executive Director's Report Lynn Canfield
- 9. Staff Report Shandra Summerville (pages 8-26)
- 10. Agency Information
- 11. Financial Report
  - A. Approval of Claims\* (pages 27-30)

    Included in the packet. Board action is requested.
- 12. New Business
  - A. Mid-Year Progress Report on Special Initiative Program (pages 31-45)
    Representatives of the Illinois Association of Microboards and
    Cooperatives will report on the first six months of Building Inclusive
    Communities, a Special Initiative of the CCDDB.

URBANA, ILLINOIS 61802

B. Integration Transition Successes

Representatives of funded programs will provide oral reports on transitions to community settings for home, work, and connection.

# 13. Old Business

- A. Employment First Update

  Representatives of the Champaign County partnership will provide an oral report on progress.
- B. Meeting Schedules (pages 46-48)

  Copies of CCDDB meeting schedule and allocation process timeline are included in the packet for information.
- C. Ligas Family Advocate Program Acronym Sheet (pages 49-50)

  A list of useful acronyms, compiled and published by the Ligas Family Advocacy Program, is included for information.
- 14. Board Announcements
- 15. Adjournment

<sup>\*</sup>Board action requested

(b,A.)

# CHAMPAIGN COUNTY BOARD FOR CARE AND TREATMENT OF PERSONS WITH A DEVELOPMENTAL DISABILITY (CCDDB) BOARD MEETING

DRAFT CODY

Minutes -December 14, 2016

Brookens Administrative Center Lyle Shields Room 1776 E. Washington St. Urbana, IL

8:00 a.m.

**MEMBERS PRESENT:** 

Joyce Dill, Cheryl Hanley-Maxwell, David Happ, Deb Ruesch

**MEMBERS EXCUSED:** 

Mike Smith

**STAFF PRESENT:** 

Lynn Canfield, Nancy Crawford, Mark Driscoll, Stephanie

Howard-Gallo, Shandra Summerville

OTHERS PRESENT:

Dale Morrissey, Annette Becherer, Felicia Gooler, Danielle Matthews, Patty Walters, Laura Bennett, Developmental Services Center (DSC); Becca Obuchowski, Community Choices; Kim Baudry, Lisa Benson, Regional Planning Commission (RPC) Melissa McDaniel, CTF Illinois; Susan Fowler, Champaign County Mental Health Board (CCMHB); Kathy Kessler, Rosecrance; Linda Tortorelli, TAP; Jim Mayer, RCCSEC; Vicki

Niswander, IAMC

# CALL TO ORDER:

Ms. Deb Ruesch, CCDDB President, called the meeting to order at 8:00 a.m.

# **ROLL CALL:**

Roll call was taken and a quorum was present.

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# ADDITIONS TO AGENDA:

None.

# **CITIZEN INPUT:**

Mr. Dale Morrissey from Developmental Services Center (DSC) spoke regarding an article and follow-up editorials in the Chicago Tribune regarding CILA services.

# **CCMHB INPUT:**

Dr. Fowler from the CCMHB encouraged representation from the CCDDB at CCMHB meetings.

# APPROVAL OF CCDDB MINUTES:

Minutes from the meeting on November 16, 2016 were included in the Board packet.

MOTION: Mr. Happ moved to approve the minutes from the November 16, 2016 CCDDB meeting as presented in the Board packet. Ms. Dill seconded the motion. A voice vote was taken and the motion passed.

# PRESIDENT'S COMMENTS:

Ms. Ruesch had no comments.

# **EXECUTIVE DIRECTOR'S REPORT:**

Ms. Canfield reported on the ACMHAI state association meeting recently held in Chicago. She distributed data compiled by the Arc of Illinois. She also distributed a draft of the NACBHDD Policy Paper.

# **STAFF REPORTS:**

A staff report from Ms. Summerville was included in the packet.

# **AGENCY INFORMATION:**

None.



## **NEW BUSINESS:**

# **Transition Supports for Youth:**

Linda Tortorelli, Jim Mayer, and Annette Becherer presented on "Transition Supports for Youth". A copy of the presentation was distributed to Board members. Additional informational handouts were distributed as well. Board members were given an opportunity to ask questions and discuss issues.

# **Integration Transition Successes:**

Ms. Laura Bennett from Developmental Services Center (DSC) and Ms. Kathy Kessler from Rosecrance provided an update on two transition success stories.

# Cancellation of Autism Society's Contract:

A Decision Memorandum was included in the Board packet. On October 17, 2016 the CU Autism Network Coordinator informed CCDDB staff of significant problems with their relationship to the Autism Society of Illinois, asking we stop payments due to ASI's financial issues. On October 31, 2016 the Autism Society of America notified ASI's director of their intent to disaffiliate effective December 31, 2016. The letter was included in the Board packet.

MOTION: Ms. Dill moved to authorize staff to issue an amendment to the Autism Society of Illinois (ASI) contract DD17-075 to reduce the contract maximum to \$4,000 with no further payment due. Mr. Happ seconded the motion. A roll call vote was taken and all present members voted aye. The motion passed.

# Organizational Assessment:

A Decision Memorandum was included in the Board packet. The purpose of this memorandum is to seek approval for the Executive Director to work with the Presidents of the CCMHB and the CCDDB on identifying a qualified external evaluator who has a fund of knowledge of services and systems of the State of Illinois, for the purpose of conducting an assessment of allocation process, board and staff roles, staff operations, and collaborations with stakeholders. The CCDDB and CCMHB share administrative services with new leadership. This transition offers an opportunity to improve the organization in deliberate ways. An outside consultant with relevant experience may be best able to integrate input from board members, staff, and stakeholders and recommend specific enhancements and guidance to the Director.

MOTION: Ms. Ruesch moved to approve the Executive Director negotiating and executing a contract, with approval of the presidents of the CCDDB and CCMHB, for external evaluation of the organization and its operations. Ms. Dill seconded the motion. A voice was taken and the motion passed unanimously.



# **Application Evaluation and Program Summaries:**

Board members were given an opportunity to discuss the application evaluation and program summaries.

## **OLD BUSINESS:**

# **Employment First Update:**

Annette Becherer from Developmental Services Center (DSC) and Becca Obuchowski from Community Choices provided an update. Dale Morrissey from DSC represents the statewide Employment First task force and reported on activities.

# **Draft FY18 CCDDB Allocation Criteria:**

A Decision Memorandum was included in the Board packet. The purpose of the memorandum is was recommend allocation decision support criteria and funding priorities for the Champaign County Developmental Disabilities Board (CCDDB) FY2018 allocation period, July 1, 2017 to June 30, 2018. The foundation of these recommendations is formed by board discussions and input from citizens, agency representatives, and other stakeholders during board meetings throughout the year, along with previous public input and our understanding of the transforming service delivery and payment systems.

Ms. Hanley-Maxwell stated that although she did not want to delay the approval of the document, she would like to not emphasize "job readiness training" as a priority in the future.

MOTION: Ms. Dill moved to approve the CCDDB FY2018 Allocation Priorities and Decision Support Criteria as described in the memorandum identified as Agenda Item 12.B. Ms. Ruesch seconded the motion. A voice vote was taken and the motion passed unanimously.

# **Draft FY18 CCMHB Allocation Criteria:**

A Decision Memorandum was included in the Board packet for information only.

# Draft Three-Year Plan with FY17 Objectives:

A Decision Memorandum was included in the packet for information. The final document was included in the Board packet.

MOTION: Ms. Ruesch moved to accept the final draft CCDDB Three-Year Plan for 2016-2018 with One-Year Objectives for 2017. Ms. Hanley-Maxwell seconded the motion. A voice vote was taken and the motion passed unanimously

# Anti-Stigma Film for 2017:

A Decision Memorandum was included in the Board packet. The purpose of the memorandum was to seek approval for the Executive Director to commit to working with the Alliance for Inclusion and Respect to sponsor an anti-stigma film at the 2017 Roger Ebert's Film Festival and



related concurrent anti-stigma activities. The total cost for the event/sponsorship was initially anticipated to be \$30,000, divided between the CCMHB and CCDDB. The CCDDB share is charged as part of the administrative fee paid under the Intergovernmental Agreement. We continue to offset this total cost with contributions from Alliance members and ticket sales. In FY16, members contributed \$6,500.

At the June 22, 2016 meeting of the CCMHB, a motion was made, seconded, and passed "to approve up to \$17,355 as the CCMHB share, contingent on approval of \$12,645 by the CCDDB, to sponsor an anti-stigma film and concurrent anti-stigma activities at the 2017 Roger Ebert's Film Festival." During the July 20, 2016 meeting of the CCDDB, a motion was made and seconded "to approve up to \$12,645 as the CCDDB share, with CCMHB approved share of up to \$17,355 to sponsor an anti-stigma film;" the motion was tabled until new board members were seated and a new director hired. Since that time, a lower sponsorship cost has been negotiated, at \$15,000. Concurrent activities and promotional costs can be offset by contributions.

MOTION: Ms. Hanley-Maxwell moved to approve up to \$6,322.50 as the CCDDB share, with CCMHB approved share of up to \$8,677.50, to sponsor an anti-stigma film and concurrent anti-stigma activities at the 2017 Roger Ebert's Film Festival. M. Ruesch seconded the motion. A roll call vote was taken and all members present voted nay. The motion failed.

# **Meeting Schedules:**

Copies of CCDDB and CCMHB meeting schedules were included in the packet for information only.

# Ligas Family Advocate Program Acronym Sheet:

A list of useful acronyms, compiled and published by the Ligas Family Advocacy Program was included for information only.

# **BOARD ANNOUNCEMENTS:**

None.

### ADJOURNMENT:

The meeting adjourned at 9:55 a.m. Respectfully Submitted by: Stephanie Howard-Gallo

\*Minutes are in draft form and subject to CCDDB approval.





# January - Monthly Staff Report- Shandra Summerville Cultural and Linguistic Competence Coordinator

I attended the **CU Collaborative Conversations** about Race in CU for over one year. This has been opportunity to begin to build relationships and solutions about how to address discussion about race and how to move the conversation more intentional. The collaboration has expanded and it was recommended that additional stakeholders become involved that would like to build the bridge of CU Race Relations.

The School of Social Work: A draft copy of the Rural Resource Guide is Available that was completed by the students from the School of Social Work. Community Services Center of Northern Champaign County Also Completed a Resource Guide that is available on their website cscrantoul.org. If you would like copies of the guide or there are corrections, please feel free to email me at shandra@ccmhb.org

**Cradle to Career**- I attended the community release of the Cradle to Career Community Report Card. If you would like copies of the community report card, please go the website for additional information <a href="http://www.cucradle2career.org/">http://www.cucradle2career.org/</a>

I attended Human Services Council of Champaign County on January 5, 2017: Heidi Gulbrandson from DCFS provided information about Mandated Reporters. TAP (The Autism Project) Provided information regarding a free training for: Families, Professionals, Social Service Agencies, Community Providers, and Mental & Behavioral Health Providers. The training will include

- New ASD DSM-V criteria
- Overview of varied needs and resources for the spectrum and throughout the lifespan
- > Concrete ideas for professionals helping with clients with intellectual disabilities cope with anxiety, depression, relationships, employment, etc.
- > Examination of the Theory of the Mind & Models of a Disability

Julie Munoz-Najar will be conducting this training. For information please contact <a href="munozna@illinois.edu">munozna@illinois.edu</a> or 217-244-1395.

# **CLC Annual Reviews and Technical Assistance:**

I conducted CLC Annual Evaluation Review for Prairie Center Health Systems. I also attended the Multicultural Services Advisory Committee for Prairie Center Health System.

I met with the staff of First Followers about their 2<sup>nd</sup> Quarter Reporting for CLC.

I met with Promise Healthcare Systems about their Annual CLC training on January 18 at 7:30am.

Rosecrance contacted me about agency wide CLC Training. I will provide a presentation at their CLC Committee Meeting on February 8, 2017.



### FY 2018- CLC Plan Instructions:

I have updated the CLC Instructions and they have a few updates to the plan to capture the funding priorities and clear definitions about underserved/underrepresented populations.

# State Association:

I attended the ACMHAI(Association of Community Mental Health Authorities) Meeting in Chicago- The topic was about DD/IDD and the changes in the developmental disability systems. In addition, there were national speakers that talked about integration of persons with a DD/IDD.

# **Transition in Champaign County:**

I participated in 2 focus groups with Special Education Administrators and families about transition in Champaign County on December 5 and 7. Linda Tortorelli and I will follow-up about next steps to present to the board members.

# **NAACP Champaign County Branch-**

I attended the NAACP on January 5, 2017. There will be Branch Elections on January 19. There is also a new committee being established in order to have a strategic response from social justice groups regarding housing, community trauma, and equity in education in Champaign County.



# Champaign County Mental Health Board Developmental Disabilities Board

Rural Resource Guide

By: Ashley Swallow, Brian Summers, and Shandra Summerville



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# **Transportation**

Quality Med Transport 217-607-2468 qualitymedtransport.com

Quality Med Transport provides non-emergency medical transport. Most trips are covered by insurance.

Champaign-Urbana Mass Transit District (CUMTD)

217-384-8188

www.cumtd.com

The Champaign Urbana Mass Transit District (CUMTD) provides accessible bus transport in Champaign, Urbana, and Savoy. Paratransit van services are available for those who are unable to access the bus services.

Champaign County Area Rural Transportation System (C-carts) 217-344-4287

www.c-carts.com

C-Carts provide transportation to and from rural areas in Champaign County. Rides must be requested 48 hours in advance and must be scheduled between 6:00am and 6:00pm.

# **Disability Services**

Champaign County Down Syndrome Network 217-398-7132

www.champaigndsn.org

The Champaign county Down Syndrome Network is a nonprofit organization that offers support to families who have a member with Down Syndrome. They provide current information for parents, professionals, and to the general public. They provide new parent packets, social opportunities, and raise awareness about Down Syndrome.

Skill Sprout 800-773-1682

www.skillsprout.com

Skill Sprout provides educational and therapeutic services to those living in Illinois and Texas. They provide at-home Applied Behavioral Analysis services to children that have developmental disabilities. They offer 6 therapy centers that offer clinic-based educational, behavioral, and rehabilitation services. They also provide parent and professional trainings.



Social Champaign 217-776-8807

www.socialchampaign.com

Social Champaign provides individual and group therapy to those with high functioning autism, PDD-NOS, Asperger Syndrome, nonverbal learning disorder (NVLD), ADHD, and other related social learning disabilities.

Saltillo Corporation 773-895-5180 www.saltillo.com

Saltillo Corporation provides assistive technology products along with other comprehensive supports and services. Saltillo is based out of Chicago, but serves all of Illinois.

Personal Mobility 217-241-1548

www.personalmobilityinc.com

Personal mobility provides wheelchairs, scooters, rehab seating and positioning products, lifts, ramps, elevators, drive ability, and auto mobility for those who have mobility disabilities.

Intelliwheels 217-903-4564

www.intelliwheels.net

Intelliwheels provides wheelchairs, gloves, Fit Grips, water bottle holders, and more services to those with disabilities.

C-U Kiwanis Tom Jones Challenger League 217-352-9679

www.TomJones.com

The C-U Kiwanis Ton Jones Challenger League is a baseball league for children that have disabilities. The program runs May-June, and children ages 6-17 can participate.

Illinois Talking Book Outreach Center 800-426-0709

www.illinoistalkingbooks.org

The Illinois Talking Book Outreach Center provides players, digital books, apps for Android and IOS devices, and access to Braille and Audio Reading Download (BARD) to those who cannot read due to a physical or visual disability.

Illinois Radio Reader 217-333-6503

www.illinois.edu/illinoisradioreader

Illinois Radio Reader provides audio news and information from newspapers, magazines, and other resources for anyone who is considered print impaired.

Illini Chapter of Illinois Association of the Deaf 217-689-0821

www.iadeaf.org (state)

www.illiniiad.org (chapter)



The Illini Chapter of Illinois Association of the Deaf advocates for educational, social, and economic well-being of the Deaf and Hard of Hearing Community. They host fundraising and social events as well as partner with the state-wide Illinois Association of the Deaf to advocate for other issues.

Home and Community Education- Project Linus 217-586-4256 217-621-3189

The Home and Community Education- Linus Project provides Project Linus weighted blankets for children with autism. Blankets are free.

Guardianship and Advocacy Commission 866-333-3362

www.gac.state.il.us

The Guardianship and Advocacy Commission protects the rights and promotes the welfare of people with disabilities. They are an executive state agency that was created to safeguard the rights of people with disabilities.

Greater Champaign County Ambucs 217-898-8212

www.thegccambucs.org

The Greater Champaign County Ambucs works to provide mobility and independence to people with disabilities. They engage in community service, and provide AmTryke therapeutic tricycles to children, youth, and adults with disabilities. They provide scholarships and therapists, and construct wheelchair ramps for qualified applicants.

Champaign County Advocacy and Mentoring Services 217-384-9591

www.ccamr.wordpress.com

Champaign County Advocacy and Mentoring Services provides grants to adults with intellectual disabilities. These grants help to purchase equipment for supports that will help the individual maintain independence and that will increase their quality of life.

Champaign-Urbana Special Recreation 217-239-1152

www.cuspecialrecreation.com

Champaign-Urbana Special Recreation provides recreational opportunities to people with disabilities. Activities include inclusion in the Champaign and Urbana Park Districts, after school programs, skill building programs, special events, trips, summer day camps, adaptive programs, and Special Olympics.

ARC Ligas Family Advocate Program 708-331-7370

www.ligasfamilyadvocateprogram.org

The ARC Ligas Family Advocate Program provides family-to-family support for individuals and their families. Family advocates provide information about using community



based services for the Developmentally Disabled. This includes Home-Based Support Services (HBSS) and Community Integrated Living Arrangement (CILA) services.

Champaign County Regional Planning Commission/Independent Service Coordination Program (ISC)

217-328-3313

www.ccrpc.org

The Champaign County Regional Planning Commission/Independent Service Coordination Program (ISC) helps individuals with developmental disabilities secure the vast array of services that are available to them.

CTF Illinois Advocacy Center 217-345-1301

www.ctfillinois.org

The CTF Illinois Advocacy Center offers individuals the opportunity to provide leadership, training, and advocacy for other individuals that have intellectual or developmental disabilities. It allows them to be advocates within their communities.

Illinois Assistive Technology Program 217-522-7985 www.iltech.org

The Illinois Assistive Technology Program is a nonprofit organization that works to increase access to assistive technology devices and services for individuals that have disabilities.

Illinois Association of Microboards and Cooperatives 217-778-5388

www.iambc.org

The Illinois Association of Microboards and Cooperatives supports individuals with disabilities and their families by creating nonprofit corporations. They help them to make their own decisions and control their own lives. They focus on providing community inclusion by allowing individuals to have their own home, work a real job, and have relationships in the community. They also provide information, training, and technical assistance.

Pace Inc, Center for Independent Living 217-344-5433

www.paceil.org

The Pace Center for Independent Living is a nonprofit, community based, non-residential disability advocacy organization. They help individuals with disabilities maintain their independence. They provide information and referral, skills training, advocacy, and peer counseling. They offer reintegration from nursing homes to the community, visual impairment services, personal assistant services, deaf and hard of hearing services, opportunities for independence for those with developmental disabilities, free ITAC amplified phones, and more.

Disability Services- Housing Eden Supportive Living 217-903-5900 www.edenslf.com



Eden Supportive Living provides residential services to people with physical disabilities ages 22-64. Individuals have the opportunity to live in neighborhoods among peers while having access to licensed health professionals. A monthly fee covers all services which includes rent, utilities, three meals/day, housekeeping, laundry, transportation assistance, personal care, and medical reminders.

United Cerebral Palsy- Land of Lincoln 217-428-5033 www.ucpll.org

United Cerebral Palsy provides case management, employment services, transitional services, toy lending, medical transport, and advocacy to individuals with all types of Developmental Disabilities. They provide both day training and residential services.

Individual Advocacy Group 630-759-0201 Individualadvocacygroup.com

The individual advocacy group advocates for those with developmental, intellectual, emotional, behavioral, neurological, and mental disabilities. They provide training programs, behavioral and individual therapy, community-based residential programs, and advocacy and case management.

Developmental Services Center (DSC) 217-356-9176 www.dsc-illinois.org

The Developmental Services Center (DSC) provides services to people with intellectual and developmental disabilities. Services for adults include training for independent living skills, employment and residential options, social skills, recreational opportunities, transportation, and community access. They provide Case Management and Family Support, Employment Services, and Day Program and Residential Services. The Family Developmental Services Center provides infants, children, and families with speech therapy, physical therapy, day care consultations, weekly play groups, and a Family Resource Center.

# Health Care

UIC Specialized Care for Children 217-333-6528 http://dscc.uic.edu/

UIC Specialized Care for Children provides free care coordination for families that have children with special health care needs. The also provide financial support to families who meet financial eligibility guidelines. The also serve Champaign County.

Health Alliance 217-337-3486 www.healthalliance.org

Health Alliance offers plans with quality doctors and hospitals, customer service, and ways to save money. They focus on quality, customer service, and wellness. They offer insurance through individual and family coverage, Medicare, and employer group options.

Epilepsy Foundation of Greater Chicago 312-939-8622 www.epilepsychicago.org



The Epilepsy Foundation of Greater Chicago is a nonprofit that offers counseling, advocacy, and educational services to people that have epilepsy. They also provide services to their families and communities. They also serve Champaign County.

Champaign-Urbana Public Health District 217-552-5355 www.c-uphd.org

The Champaign-Urbana Public Health District provide pregnancy care, nutrition advice, educational support, supplemental food coupons, pregnancy tests, genetics referrals, and breastfeeding support. They provide case management to those living with HIV and AIDS, as well as flu and pneumonia shots. They also inspect food and drink establishments and tanning facilities. They conduct lead investigations, license wells, and provide food handling instructions. They investigate disease outbreaks that endanger community health and are part of the county's emergency preparedness team.

Cris Healthy Aging Center 217-355-1543 www.agestrong.org

The Cris Healthy-Aging Center provides aging services such as nutrition, transportation, adult protective services, information services, money management, and transitional services. The BRIDGE Transition Program helps clients to manage their health care and help with their transition home from the hospital in order to reduce readmissions.

Medserv 217-355-7971

Medserve provides power chairs, high end power chairs, manual chairs, sports wheelchairs, scooters, hand cycles, bath safety equipment, walkers, rollators, hospital beds, seating and positioning equipment, canes, crutches, compression hosiery, sales, and repair services. They also provide billing services and accept Medicare and most private insurance.

Age Wise Care Management 217-493-3086 www.agewisecm.com

Age Wise Care Management provides professional geriatric care management services to families that are caring for an aging individual. They also work with other individuals that may have disabilities of all ages.

Carle Home Health Services
217-383-3151
www.carle.org/medicalservices/home-services/home-care.aspx



Carle Home Care, Hospice, and Home Infusion staff work with clients who need extra assistance in caring for someone with a life-threatening illness. They support patients by providing care and services to help them remain as independent as possible.

Champaign County Health Care Consumers 217-352-6533

www.healthcareconsumers.org

Champaign County Health Care Consumers provides free information, assistance, referral, and advocacy services to individuals that are having problems with the health care system. CCHCC's Consumer Health Hotline helps individuals to find low-cost health care resources, understand their patient rights, find discount prescription programs, apply for Medicaid/AllKids, apply for financial assistance at local hospitals, and more. They also provide the Dental Referral Program that offers low-income, uninsured individuals with affordable dental care.

Chairshoppe 312-215-2292 Chairshoppe.net

Chairshoppe provides an alternative way to buying medical equipment out of pocket. They aggregate, organize, and display pricing and other information from different online retailers. They provide a one-stop shopping experience.

# **Health Care Providers**

Avicenna Community Health Care 217-403-5498

www.avicennahealth.org

Avicenna Community Health Care is a free, primary care clinic that provides services to uninsured and underinsured adults. They can manage diabetes, high blood pressure, and high cholesterol. They provide services such as physical exams, nutritional counseling, social work services, prescription assistance, and management of other primary health conditions. Appointments can be scheduled at 217-418-5888.

Champaign County Christian Health Center 217-398-2914 Ccchc2003.org

Champaign County Christian Center provides the opportunity to receive primary care for acute or chronic illnesses, job and general physical exams, medical lab tests, tooth extractions, psychiatry, health educations, and social work services for free.

Carle Hospital 217-383-3311



https://www.carle.org/

Carle Hospital provides medical services to members of Champaign County

Smile Healthy 217-403-5477

http://www.promisehealth.org/smilehealthy

Smile Healthy is a collection of dental programs that work to improve the oral health of Champaign County through providing preventative care, treatment, and education. The center accepts Medicaid, private insurance, and self-pay patients.

Frances Nelson- A Program of Promise Healthcare 217-356-1558

www.promisehealth.org

Frances Nelson delivers primary medical and mental health services to patients regardless of their ability to pay. They are a family practice community health center serving all ages and providing same day appointments for current patients, women's health including breast and cervical screening, counseling, eye clinic, prenatal care, well child clinics, dermatology, health education, after hours nursing service, social services, lab services, and benefit enrollment.

# Mental Healthcare

Rosecrance 217-693-4548

www.rosecrance.org

Rosecrance provides a wide range of prevention, intervention, and treatment options for children, youth, adults, and families experiencing mental health and substance use issues. The continuum of care includes a 24 hour crisis line and crisis response, outpatient psychiatric care for adults, therapy/counseling, outpatient substance use treatment, case management, and visits for new patients.

National Alliance on Mental Illness (NAMI) 217-419-5354

Champaignnami.org

NAMI is a volunteer group that provides education, support, and advocacy to all persons living in the Champaign-Urbana area who are affected by mental illness. Monthly support groups are held in five cities: Champaign, Danville, Effingham, Mattoon, and Tuscola.

Depression and Bipolar Support Alliance Urbana-Champaign Chapter (DBSA UC) 810-328-3272

http://cudbsa.org/

DBSA meetings are open to people who have depression, bipolar disorder, and/or related mental health problems, formally diagnosed or not. DBSA also offers support to the friends and families of those who struggle with these illnesses.

Crosspoint Human Services 217-351-9744



www.crosspointhumanservices.org

Crosspoint Human Services provides 24 hour intensive services for children and youth in acute mental health crises who may need hospitalization. Services also include outpatient therapy and counseling services by licensed mental health professionals. Counseling and therapy services include individual and family support. Outpatient counseling and therapy sessions are short term and solution-focused. Crosspoint also offers care coordination and support, assistance in individualized education plan meetings and plan development for home based services, and assistance with the individual care grant application process.

Elliott Counseling Group 217-398-9066

www.elliottcounselinggroup.com

Elliott Counseling Group serves individuals, couples, and families in Champaign County. They address the entire range of emotional and mental health issues. Most common problems include anxiety, depression, relationship, and life transition issues.

# **Support Groups**

Parkinson's Support Group of Champaign County 217-549-6167

The Parkinson's Support Group provides support for individuals diagnosed with Parkinson's disease and their caregivers. The group meets weekly at Savoy United Methodist Church each Monday from 10-11am.

CU Able 815-354-2263 Facebook at CU Able

CU Able is a group of parents who are passionate about helping their children and other children with special needs by creating a safe and accepting support network within the local community. The group does not only focus on advocacy and awareness, but also incorporates self-care into their routine by organizing and participating in local events such as family dinners, mom's retreats, and the Larkin's Place Parent Network

Depression and Bipolar Support Alliance Urbana-Champaign Chapter (DBSA UC) Spinal Cord Injury Association of Illinois 708-671-1808 SCI-Illinois.org

SCIA is a comprehensive resource center for people paralyzed by trauma and medical conditions. SCIA services include Information and Referral, Peer Support Groups, One-on-One Peer support for persons with injuries and family members as well as education on complications of paralysis.

ALS Association Greater Chicago Chapter www.alsachicago.org



The ALS Association of Greater Chicago provides home visits, lending equipment, support groups, education, and advocacy to those impacted by ALS. They also serve Champaign County.

Autism Society of Illinois: The C-U Autism Network 217-621-8429

www.cuautismnetwork.org

The C-U Autism Network is a support and networking group for anyone interested in learning more about autism spectrum disorders. Meetings are held from 6:30-8:00pm at the Stephen's Family YMCA on the first Thursday of the month; September through May (Excluding January). Free childcare is available for those attending the meeting

Carle Ostonomy Support Group 217-383-3080

nancy.bollero@carle.com

This is a support group for people with ileal conduit/urostomy, colostomy, ileostomy or ileal/colonic J pouches.

Champaign-Urbana Area Multiple Sclerosis Support Group 217-649-7972

www.nmss.org

This is a support group for individuals living with MS and/or their family members, friends, and care partners. The group meets every second Saturday of each month (except December) 10am-12pm at the First Baptist Church (1602 S. Prospect Savoy, IL).

Community Choices 217-621-1090

www.communitychoicesinc.com

Community Choices is a cooperative in which adults with developmental disabilities and their families can support each other. Members share information and resources. They provide services including Community Living, Customized Employment, and Family Support.

GROW in Illinois 217-352-6989 888-741-GROW

www.growinamerica.org

GROW is a self-help group that provides weekly meetings and a network for members to achieve personal growth. It provides support and help to people coping with a mental illness or emotional disorder.

Survivors of Suicide Support Group 217-337-2181

The Survivors of Suicide Support Group is a support group for people who have lost someone to suicide. Attendance in the group is ongoing. Members must schedule a screening and orientation interview in order to join.



Emotions Anonymous 217-352-3632 Eamtg.com

Emotions Anonymous is a 12-step program for people who have emotional difficulties. This would include depression, anxiety, fear, loneliness, anger, compulsions, or obsessions. This program is based off of Alcoholics Anonymous.

HIV Support Group 217-531-5383

This support group provides open discussion, socializing, and education to people who are positive for HIV. Although, no one will be turned away from services if they wish to participate.

Cancer Caregivers Group 217-383-4581

https://carle.org/classes/support-groups/cancer-caregivers-groups.aspx

The Cancer Caregivers Group is open to all family, friends, and other caregivers of a patient with cancer.

Daytime Cancer Support Group 217-383-4581

https://carle.org/classes/support-groups/daytime-cancer-support-group-aspx

The Daytime Cancer Support Group is an open group for anyone who knows someone with cancer.

Nighttime Cancer Support Group 217-383-4581

https://carle.org/classes/support-groups/nighttime-cancer-support-group-aspx

The Nighttime Cancer Support Group is a group open to anyone who is interested in learning more about cancer and its treatment options. The sessions cover a wide variety of topics in relation to living with cancer.

Diabetes Support Group 217-383-3490

https://carle.org/classes/support-groups/diabetes-support-group-champaign.aspx

The Diabetes Support Group provides support and education for people that have diabetes, as well as their friends and family. The group provides education, emotional, and social support, as well as has different speakers come in to talk about how to manage diabetes.

Carle Cardiac Support Group 217-904-7430

https://carle.org/classes/support-groups/carle-cardiac-support-group

The Carle Cardiac Support Group provides support for cardiac patients, their families, and the general public. Different speakers come in to speak at the meetings and people have time to share their own experiences.

Alcoholics Anonymous



217-373-4200

Local website: aa-eci.org

National website:alcoholics-anonymous.org

Alcoholics Anonymous is a support group for people who share strengths, experiences, and hopes to overcome issues with alcoholism. Individual meetings are also available.

Narcotics Anonymous 800-539-0475

Ppana.org

Narcotics Anonymous is a support group for anyone who has hopes to live a drug-free life. It also provides information about Narcotics Anonymous to groups within the community.

Access UP! 217-550-4248 Unitingpride.org

Access UP! is an on-line group that is part of the Uniting Pride (UP) Center of Champaign County. This group creates conversations among people with disabilities and their allies. Topics include accessibility, independence, community building, and sexuality.

**Employment Network and Support Group** 

217-791-1264

Cucoalition.org

The Employment Network and Support Group provides support for unemployed people and their families.

Our Time

217-337-2487

Our Time is a support group for children and teens who have experienced the death of a friend or family member. The group meets for 8 weeks. There is also a group available for the parents to meet as well.

Talk It UP- LGBTQ Youth Support Group 217-550-8954

Unitingpride.org

Talk It UP is a peer led LGBTQ support group for middle and high school youth. This group is co-facilitated by 2 adults that have experience working with youth. It provides an accepting and supportive environment in which youth can discuss any issues that they may be having.

Veterans

Disabled American Veterans

765-365-2761

DAV.org

The DAV helps all veterans who have a disability that makes them eligible for VA services

Va Illiana Health Care Systems- Health Care for Homeless Veterans (HCHV) 217-554-3000 or 800-320-8387

# www.danville.va.gov

VAIHCS' Health Care for Homeless Veterans (HCHV) program serves as the hub for a variety of services, with the central goal of ending homelessness among Veterans. The HCHV program conducts coordinated outreach to seek out Veterans in need of assistance and connect homeless and at risk Veterans with housing solutions, health care, community employment services, and other required supports

Salvation Army- Supportive Services for Veteran Families 217-373-7832 ext. 52

christy-thompson@usc.salvationarmy.org

The Salvation Army provides financial support and support services to low income Veterans and their families. The goal is to stabilize these families in housing, while providing on-going support as needed to sustain independent living.

# **Financial Services**

Thrivent Financial 217-819-4646

www.thrivent.com

Thrivent Financial provides financial guidance with value based financial strategies. They provide a wide range of products and services to help you meet your financial goals and needs. Thrivent offers tools such as insurance, annuities, and mutual funds while maintaining a not-for-profit status. Since being founded, Thrivent has helped nearly 2.4 million Christian members meet their financial goals.

West Point Financial Group 309-495-8063

www.westpointfinancialgroup.com

West Point Financial Group provides planning seminars on basic life plans, guardianship, special needs trusts, etc. They offer comprehensive individualized family plans.

Legal Services Dodd and Maatuka 217-337-0799 www.doddlaw.net

Dodd & Maatuka is a full service law firm providing solution oriented legal services in a caring and professional manner. Dodd & Maatuka provides legal consultation for families and individuals who are involved with persons with special needs.

Equip for Equality 217-544-0464

www.equipforequality.org

Equip for Equality provides self-advocacy and legal help for people with disabilities in Illinois with no fee for service. It is the only comprehensive, cross-disability advocacy organization serving people of all ages throughout the state. Advocates and attorneys provide information and advice to individuals to enable them to advocate on their own behalf.

# Substance Abuse

Prairie Center Health Systems



217-356-7576

http://www.prairie-center.org/

Prairie Center Health Systems is a nonprofit substance abuse treatment center. Their mission is to provide prevention, intervention, education, and treatment services for alcoholism and chemical dependency.

# Food

Eastern Illinois Foodbank Locations:

http://www.eifoodbank.org/help/champaign.html



# EXPENDITURE APPROVAL LIST

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\*\*\* FUND NO. 108 DEVLPMNTL DISABILITY FUND

\*\*\* DEPT NO. 050 DEVLMNTL DISABILITY BOARD

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VENDOR TOTAL

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# EXPENDITURE APPROVAL LIST

1/06/17

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REPORT TOTAL \*\*\*\* 702,303.38 \*

337,932.45 \*

DEPARTMENT TOTAL

DEVLMNTL DISABILITY BOARD

DEVLPMNTL DISABILITY FUND

337,932.45 \*

FUND TOTAL





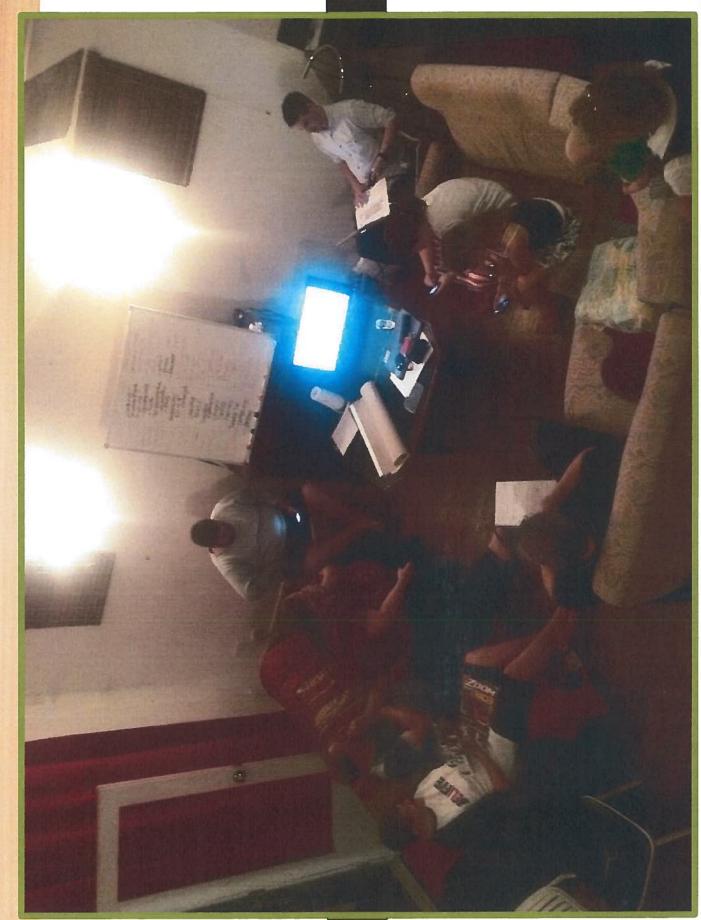
A Project of the Champaign County Developmental Disabilities Board

# A Team Approach to

# Real Community Inclusion

Champaign County Developmental Disabilities Board January 18, 2017

Vicki Niswander Amy Slagell



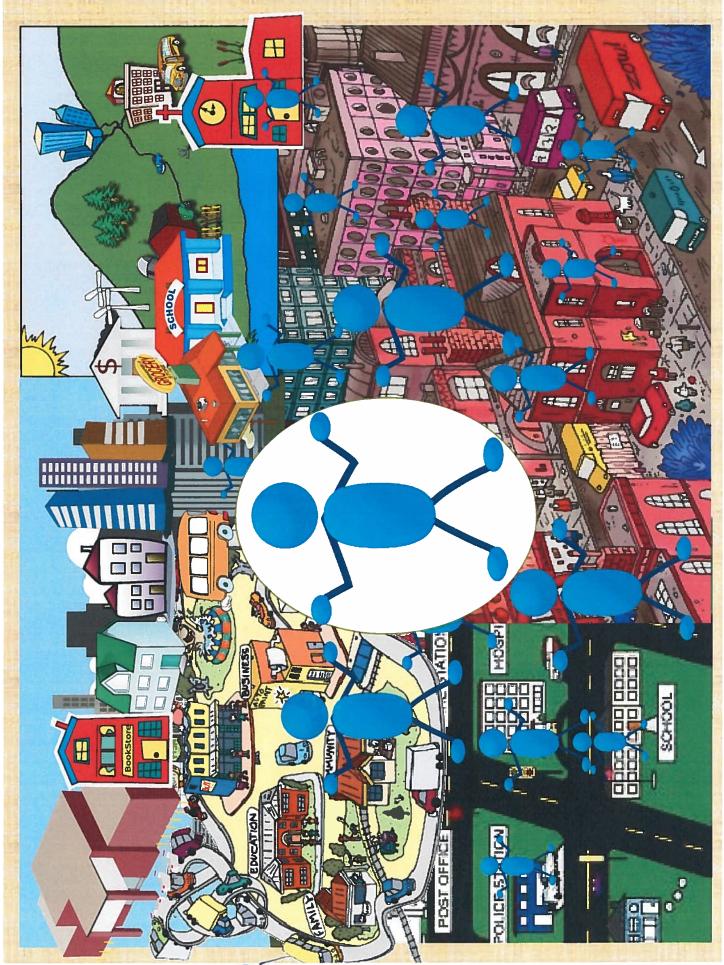


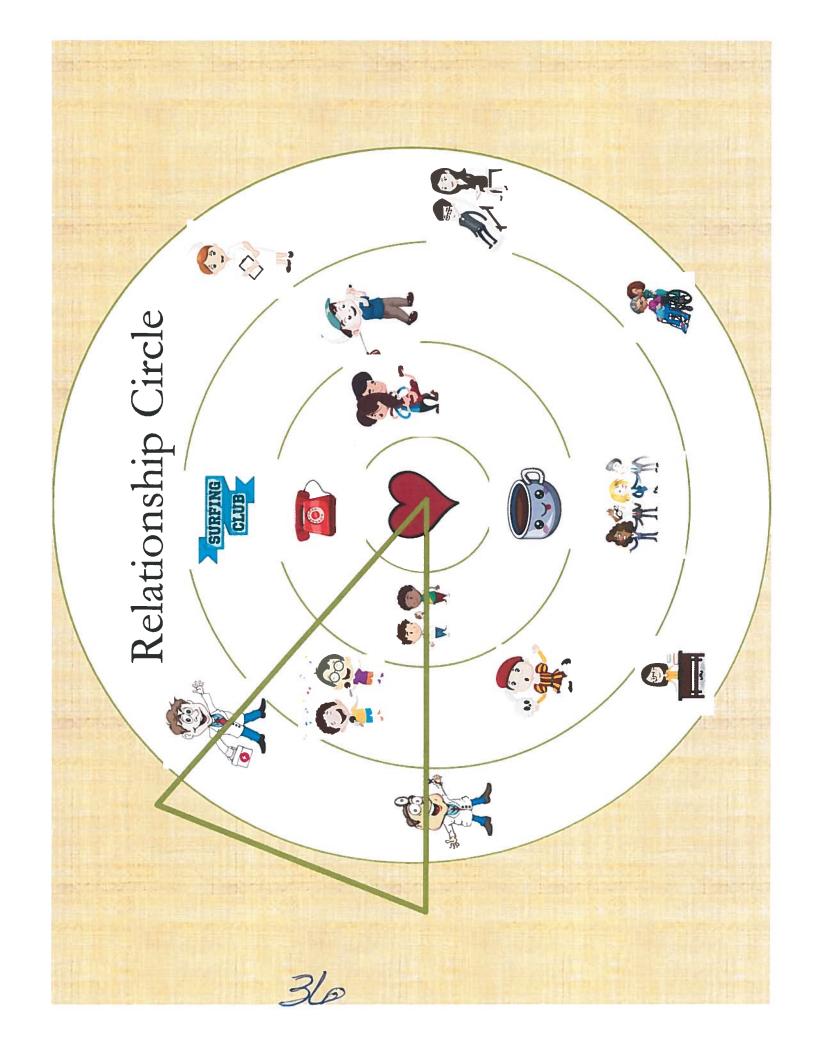


An initiative of the Illinois Council on Developmental Disabilities



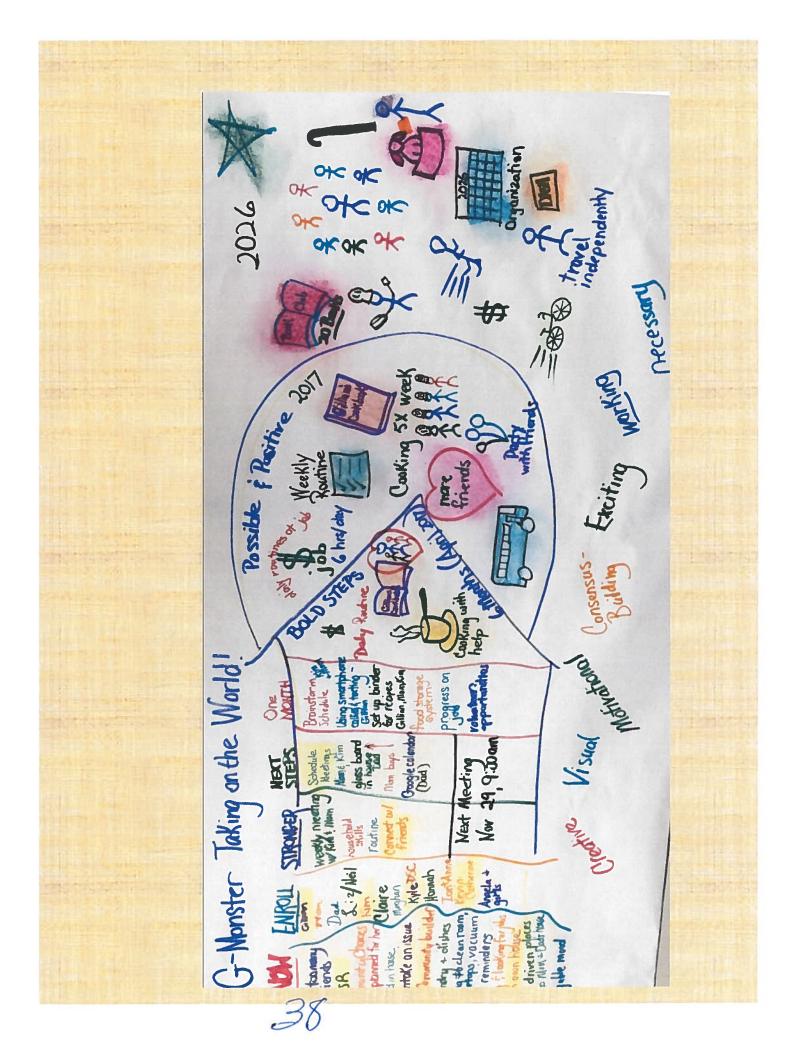
A Project of the Champaign County Developmental Disabilities Board

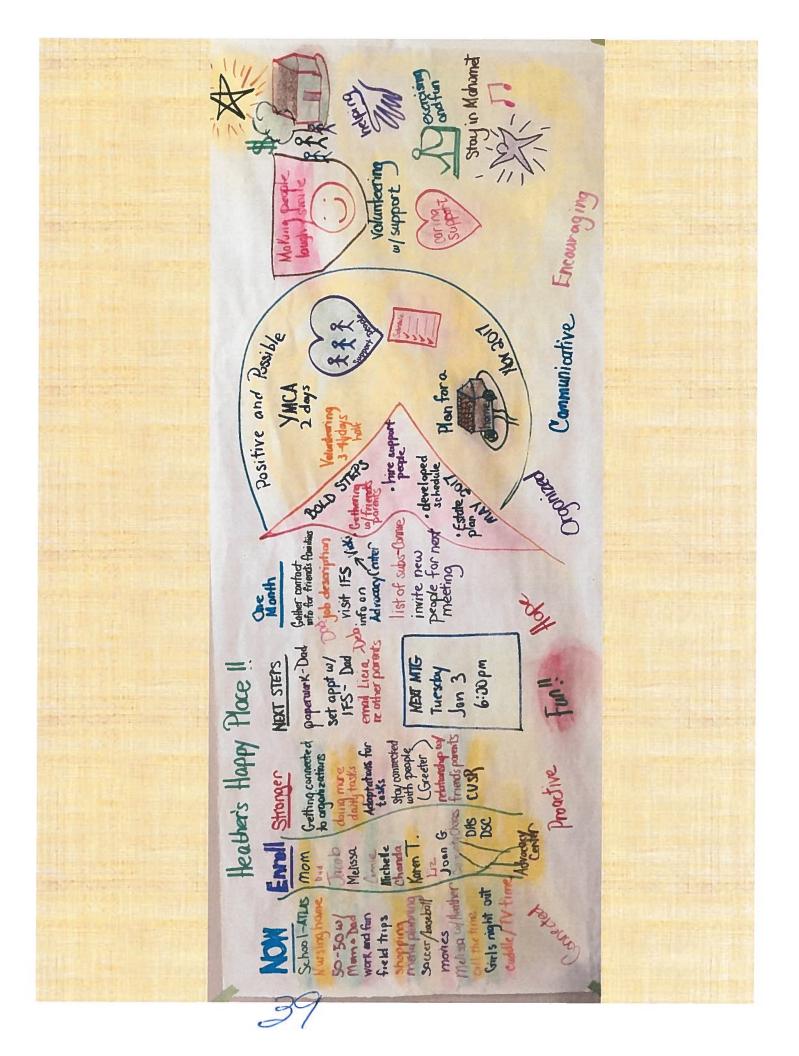


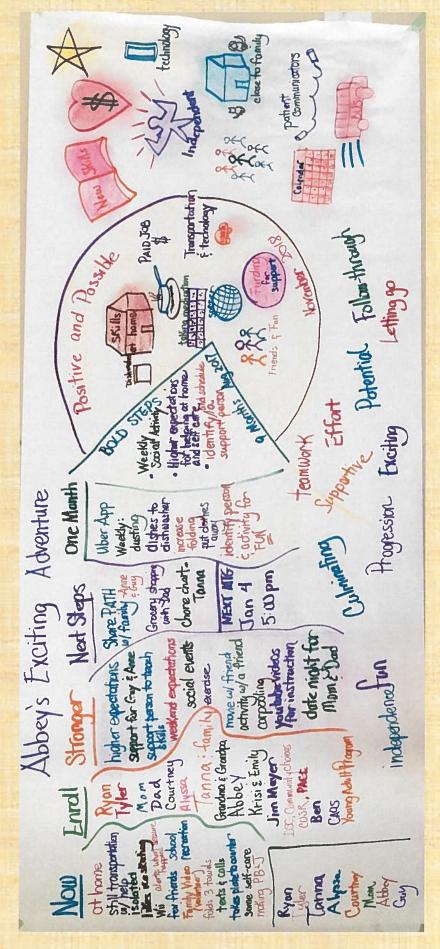


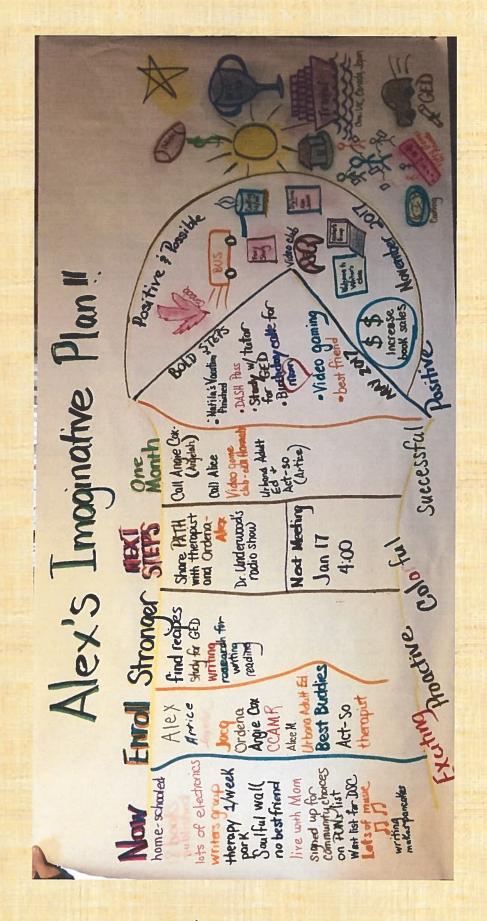
Planning Alternative Tomorrows with Hope (PATH)











## Team Development

Initial Meeting

PATH .

Monthly Follow-up meetings with direct support

Monthly Follow-up meetings with periodic/remote support

Independently facilitated meetings



### Current Status

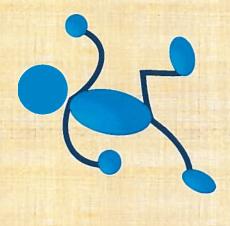
7 teams have completed a PATH

5 teams have had one or more follow-up meetings

4 PATHs scheduled for January and February

3 additional Teams not yet scheduled

12 requests from people who do not qualify



# Finishing up the year

Bringing teams together

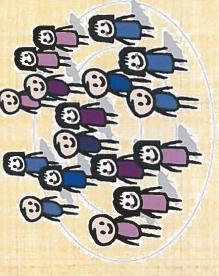
Collaborating with providers

Providing Opportunities for Training

David Wetherow

Microboard CILA, PSW training

Establish an advisory committee of well-connected community members





Vicki Niswander
Executive Director, IAMC (217)778-5388 (217) 778-1664 (cell) www.iambc.org

Amy Slagell Project Organizer, IAMC (217) 390-0063 www.iambc.org



### **CCDDB 2016-2017 Meeting Schedule**

Board Meetings
8:00AM except where noted
Brookens Administrative Building, Lyle Shields Room
1776 East Washington Street, Urbana, IL

September 21, 2016 – 8:00 AM
October 12, 2016 – 8:00 AM Special Meeting
October 19, 2016 – 3:30 PM
October 24, 2016 – 12:30-4:30 PM - Joint Study Session with CCMHB,
on the topics of Trauma and Implicit Bias
November 16, 2016 – 8:00 AM
December 14, 2016 – 8:00 AM
January 18, 2017 – Noon
February 22, 2017 – 8:00 AM
March 22, 2017 – 8:00 AM
April 19, 2017 – Noon
May 17, 2017 – 8:00 AM
June 21, 2017 – 8:00 AM

This schedule is subject to change due to unforeseen circumstances.

Please call the CCMHB/CCDDB office to confirm all meetings.

### DRAFT 2016-2017 Meeting Schedule with Subject and Allocation Timeline\*

The schedule provides the upcoming dates and subject matter of board meetings through June 2017 for the Champaign County Developmental Disabilities Board. The subjects are not exclusive to any given meeting as other matters requiring Board review or action may also be addressed or may replace the subject listed. Study sessions may be scheduled throughout the year with the presentation and discussion held during the meeting, held immediately following the board meeting, or during the Champaign County Mental Board meeting. Included with the meeting dates is a tentative schedule for the CCDDB allocation process for Contract Year 2018 (July 1, 2017 – June 30, 2018).

<u>Timeline</u> 9/21/16	<u>Tasks</u> Regular Board Meeting Release Draft Three Year Plan 2016-2018 with FY 2017 Objectives
10/19/16	Regular Board Meeting Release Draft CY18 Allocation Criteria
10/24/16	Trainings on Trauma and Implicit Bias Study Session of the CCDDB and CCMHB, 12:30-4:30PM
11/16/16	Regular Board Meeting Approve Three Year Plan with One Year Objectives Allocation Decision Support – CY 2018 Allocation Criteria
12/14/16	Public Notice published on or before this date, giving at least 21 day notice of the open application period.
12/14/16	Regular Board Meeting
(12/21/16)	(Optional Study Session)
1/4/17	CCMHB/CCDDB Online System opens for CCDDB CY 2018 application cycle.
1/18/17	Regular Board Meeting
(1/25/17)	(Optional Study Session)
2/10/17	Online System Application deadline – System suspends access to CY18 applications at 4:30 p.m. (CCDDB close of business).
2/22/17	Regular Board Meeting List of Funding Requests
(3/1/17)	(Optional Study Session)



3/22/17	Regular Board Meeting
(3/29/17)	(Optional Study Session)
4/12/17	Program summaries released to Board and copies posted online with the CCDDB April 19, 2017 Board meeting agenda.
4/19/17	Regular Board Meeting Program Summaries Review and Discussion
(4/26/17)	(Optional Study Session)
5/10/17	Allocation recommendations released to Board and copies posted online with the CCDDB May 17, 2017 Board meeting agenda.
5/17/17	Regular Board Meeting Allocation Decisions Authorize Contracts for CY 2018
(5/24/17)	(Optional Study Session)
6/21/17	Regular Board Meeting Approve FY 2018 Draft Budget
(6/28/17)	(Optional Study Session)
6/30/17	Contracts completed.

<sup>\*</sup>This schedule is subject to change due to unforeseen circumstances. Please call the CCMHB-CCDDB office to confirm all meetings and allocation process deadlines.



### **ACRONYMS**

	~
ABA ADA	Applied Behavior Analysis Americans with Disabilities Act
ADL	Activities of Daily Living
ASD CART	Autism Spectrum Disorders Clinical Administrative Review Team
CILA	Community Integrated Living Arrangement
CMS	Center for Medicaid & Medicare Services
DCFS	Department of Children and
20.0	Family Services
DD	Developmental Disabilities
DDD	Division of Developmental
	Disabilities
DHS	Department of Human Services
DMH	Division of Mental Health
DPH	Department of Public Health
DRS	Division of Rehabilitation Services
DSCC	Division of Specialized Care for Children
DT	Developmental Training Day Program for
EI	adults  Early Intervention (birth to 3)
HBS	Early Intervention (birth to 3) Home Based Services
HFS	Department of Health Care and &
111 0	Family Services (Public Aid)
HUD	Housing & Urban Development
ICAP	Inventory for Client and Agency Planning
ICF - DD	Intermediate Care Facility for Individuals with
	Developmental Disabilities
IDEA	Individual with Disabilities Education Act
IDPH	Illinois Department of Public Health
IEP	Individual Education Plan
ISBE	Illinois State Board of Education
ISC	Individual Service Coordination
ISP	Individual Support Plan
ISSA	Individual Service and Support Advocacy

OIG Office of the Inspector General PACKET Information on paper going to Network Facilitator advocating your need for help Pre-Admission Screening PAS Pervasive Developmental Disorder PDD POS Purchase of Service funding method – fee for service **PUNS** Prioritization of Urgency of Need for Services (waiting list) QA **Quality Assurance** Qualified Intellectual Disabilities Professional QIDP QSP Qualified Support Professional SEP Supported Employment Program Supplemental Nutritional Assistance Program SNAP (food stamps) SNT Special Needs Trust State Operated Developmental Center SODC SSA Social Security Administration Social Security Disability Insurance SSDI

Supplemental Security Income

Support Service Team United Cerebral Palsy

SSI SST

UCP

