



CHAMPAIGN COUNTY
DEVELOPMENTAL
DISABILITIES BOARD
CHAMPAIGN COUNTY
MENTAL HEALTH BOARD

Champaign County Mental Health Board (CCMHB)

Study Session Agenda

Wednesday, January 28, 2026, 5:45PM

This study session will be held in person at the

Shields-Carter Room of the Scott M. Bennett Administrative Center, 102 East Main Street, Urbana, IL 61801

Members of the public may attend in person or watch the session live through this link:

<https://uso2web.zoom.us/j/81393675682> Meeting ID: 813 9367 5682

- I. Call to order**
- II. Roll call**
- III. Approval of Agenda***
- IV. Public Participation/Agency Input** *See below for details.***
- V. Chairperson's Comments – Molly McLay**
- VI. Associate Director's Comments – Leon Bryson**
- VII. STUDY SESSION: Agency Program Progress Reports**
 - a) Mid-Year Progress Report** (pages 3-12)
Joy Jones, Director of Counseling at Family Service of Champaign County, will offer a progress report on the expanded Counseling program. Materials supporting the presentation are included in the packet.
 - b) Program Year 2025 Report** (pages 13-28)
Tracy Parsons, City of Champaign, and Amy Brown, Don Moyer Boys and Girls Club, will report on the 2025 Community Coalition Summer Youth Initiatives. Materials supporting the presentation are included in the packet.
- VIII. Public Participation/Agency Input** *See below for details.***
- IX. Board Announcements and Input**
- X. Adjournment**

** Board action is requested.*

***Public input may be given virtually or in person.*

If the time of the meeting is not convenient, you may communicate with the Board by emailing stephanie@ccmhb.org or leon@ccmhb.org any comments for us to read aloud during the meeting. The Chair reserves the right to limit individual time to five minutes and total time to twenty minutes. All feedback is welcome.

The Board does not respond directly but may use input to inform future actions.

Agency representatives and others providing input which might impact Board actions should be aware of the [Illinois Lobbyist Registration Act, 25 ILCS 170/1](#), and take appropriate [steps to be in compliance with the Act](#).

For accessible documents or assistance with any portion of this packet, please [contact us \(leon@ccmhb.org\)](mailto:leon@ccmhb.org).

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The Counseling Center at Family Service



The *Counseling* Center at Family Service

Services Offered

Individual Counseling

Couples Counseling

Family Counseling

Expressive Arts Groups

Relationship Assessment for Drug Court Participants
Counseling, as needed, for Drug Court Participants

Leading groups for Drug Court Participants

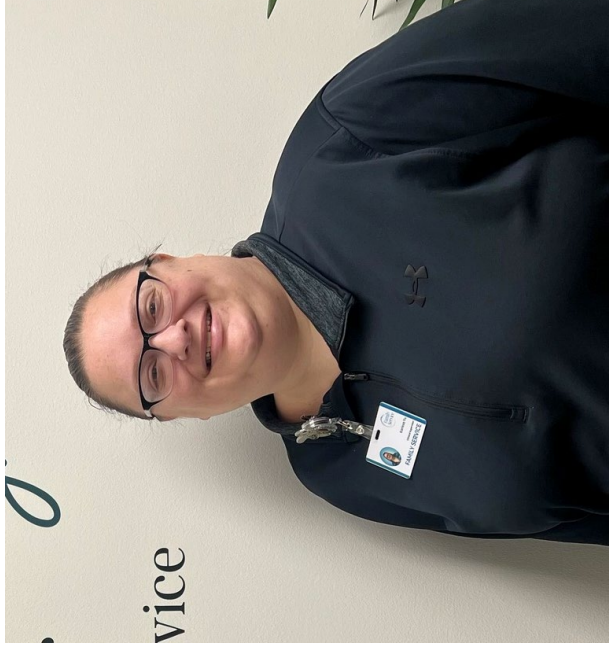
Results for FY26..so far

Counseling results

Expressive Arts results

Highlights and Accomplishments

Expressive Arts Therapy Groups



Hiring a Clinical Supervisor

Client satisfaction

“I feel helped by my therapist”

“I value you as a therapist”

“My therapist is concerned about me and
collaborates with me”

“I trust my therapist”

Obstacles or constraints

Reimbursement from Medicaid

Hiring therapists

Credentialing new therapists

Future Objectives

Individual Art Therapy
EMDR Therapy
Group Therapy
Become a Medicare Provider
Hire a part-time therapist

Additional Funding Prospects

Medicare Reimbursement

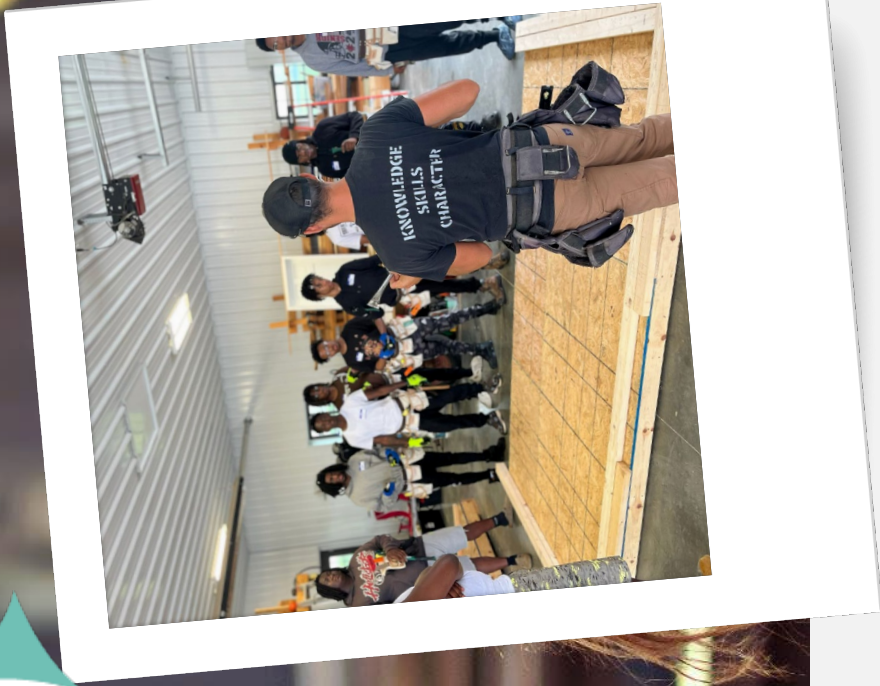
Increased Medicaid Reimbursement

Increased Insurance Reimbursement

Drug Court reimbursement for relationship assessments

**Thank you for your support
which allows us to offer affordable
Mental Health counseling and
expressive arts therapy
to everyone**

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Community | Summer Initiatives Coalition | 2025

2025 Community Coalition Summer Initiatives Partners

- Girls Inc
- Cry For You
- 1st String
- Optimal Performance
- Wall St. Jewelers
- Interdisciplinary Institute
- Joy Academics
- Youth for Christ
- That's What She Said
- Black MHW Conference
- Media Doll
- Dixon All Stars

The She Said Project Summer Intern Program!

The She Said Project creates safe spaces for girls and women to explore their personal stories and gives them a microphone. We do this through live performance events, podcast, publishing, etc.



Teens Say Interns!

Goals

The 8-10 teens who participate are expected to complete 20-24 of classroom/work time. They receive training on our 4 tenets, being Resourceful, gaining Experience, being Accountable and stepping into Leadership. To gain REAL world experience. They have work hours, helping on projects such as transcribing performances, marketing research and content creation.

In addition, they have the opportunity to volunteer for service projects and field trips to local businesses and/or the university.

The teens receive a letter of recommendation from The She Said Project that they may use for college and/or job applications.

The She Said Project- That's What Teens Say



*I AM WOMAN Screening and
Panel Discussion*



*U of I Community Credit Union
Career Exploration*



Luncheon and Career Coaching



That's What She Said

- Post Test- Skills + Experiences
- -I enjoyed the volunteer opportunities
 - The career session was really helpful for thinking about my resume and interviews
 - We had important conversations about mental health and mindset.
 - It was cool that we learned about things like being resourceful and then talked about how it applied to our experiences.
 - The photo session was fun. And I like having a professional photo to use for applications and online profiles.
 - The summer program gave more time and opportunities to connect with the other teens and mentors.
 - I feel more confident thinking about interviews for jobs and college. -I loved the field trip to WCIA and we got to be on TV! Awesome!



East Central Illinois Youth For Christ

East Central Illinois Youth for Christ has developed a comprehensive summer engagement strategy designed to reach youth ages 11 to 21 throughout the Champaign-Urbana area. All program offerings are intentionally structured to foster personal growth, community connection, and spiritual development.

- **Goals:**
 - Broaden students' horizons through experiential learning opportunities, including trips to Accelerate, the Indianapolis Zoo, regional museums, and a Historically Black College and University (HBCU) tour in Louisiana.
 - Provide a constructive alternative to street activity by hosting the Midnight Basketball Program every Friday night, promoting community connection and positive interactions.
 - Facilitate the Holy Hangout Camp at the Youth for Christ House every Tuesday through Thursday, creating a consistent space for fellowship, mentorship, and personal development.
 - Recruit and train ten young men interested in pursuing careers in the trades rather than attending college, equipping them with practical skills in residential construction through the third cohort of the BUILT Program
- **Services Offered: Campference, Midnight Basketball, Holy Hangout Camp, BUILT Residential Construction Program**



Pictures youth participating in construction projects during BUILT Program, Opening Prayer at Midnight Basketball, and youth playing 6 Jenga at Campference

GIRLS INC

Designed to encourage youth in grades six through twelve to pursue avenues that promote healthy habits and wise decisions. The program focus is on students' academic, career, socioemotional, and civic leadership development. In 2007, GIRLS began serving youth, families, and communities.

- Services Offered- College Tours, Life Skills Workshops, Cultural Exchanges, Volunteer Opportunities
- "I have been in GIRLS since I was in 7th grade. I have had the opportunity to volunteer at Dr. Martin Luther King Jr. School, Swann Care Center, and Salt & Light. GIRLS has impacted and influenced me to set long term goals. GIRLS has impacted me to be a lot braver and to speak up about what I want to be and want to do. I will utilize speaking up, reaching for my goals, and not settling for less. I will create a group called up-lifting health for teens with mental health."



Interdisciplinary Institute- Teen Summer Program

Our Goal is to involve local youth in a project that exposes them to music, exploring their talents, and connects them to Dr. Joy Yang and the Institute’s world of experiences. Implement sustainable strategies which improve the lives of area youth and families through an effective collaboration of diverse community partners and service agencies through Interdisciplinary Institute

- Services Offered
 - Summer Program: Workshop + Concert Series
 - 4 Workshops- 2 Hours Each
 - 1-1 Mentorship w. Industry Professionals
 - Large Ensemble Rehearsal Strategies
 - Youth Chosen Tracks- Music, Dance, STEM, Creative Writing, Visual Arts
 - Development of own scores
 - Guest Artists (1/Workshop)
 - Final Performance
 - Public Audience
 - Opportunity to Perform and Showcase work from workshops



TEEN SUMMER PROGRAM

CONCERT

AUGUST

24TH

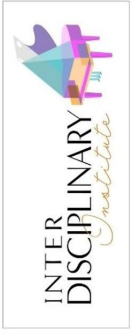
SUNDAY

3:00 PM

*FREE AND OPEN TO THE PUBLIC!

RSVP BELOW BY 8/22





STUDENT PERFORMERS

SHANICE GLAYBORN
MEERA DANDE
CISSELLE JUAREZ ALQUICIRA
ISABELLA MARTIRANO
ANGELO YOUSEF MERCADO RUBICO
EVANI PLUTA
LIVI WILSON
KIERAN WONG
SELENE WONG

*DR. JOY YANG & SPECIAL GUESTS

*SPONSORED BY

DON MOYER BOYS & GIRLS CLUB
CHAMPAIGN COUNTY
COMMUNITY COALITION
SUMMER INITIATIVES



346 N NEIL ST CHAMPAIGN

Picture of Final Workshop Flyer highlighting performers and youth engaging with sound equipment

A Cry For You

Community Based Organization that offers a support system for parents/families who are living with grief. We provide a variety of supportive services to parents/guardians and family members who have been impacted by community violence in Champaign with a special focus on those who have lost a child to community gun violence



- Services Provided
 - Weekly Support Groups
 - Self Care Opportunities
 - Counseling
 - Daily Messaging
 - Sons and Daughters in Heaven Gala



Optimal Performance

Grassroots Program created to support youth in their endeavors to live healthier life through a commitment to healthy bodies, discipline, and sports.

Goal:

- Foster Well Rounded Student Athletes committed to maintaining a healthy lifestyle through participation in physical activity and healthy nutrition

Services Provided:

- Physical Training
 - Small Group Sessions- 2/Week
 - Guided Weight Lifting
 - Sprinting/Guided Runs
 - Stretching + Mobility
- Nutrition Workshops





DIXON STARS- AAU Basketball Team

We aim to inspire and empower our youth by demonstrating that sports can be a vital safety net and a powerful tool for personal growth and future success. Over the past three years, we've traveled to 12 different states, competing in national grassroots tournaments. Along the way, the kids have explored numerous museums and attended conventions, gaining valuable life skills that extend beyond the court.

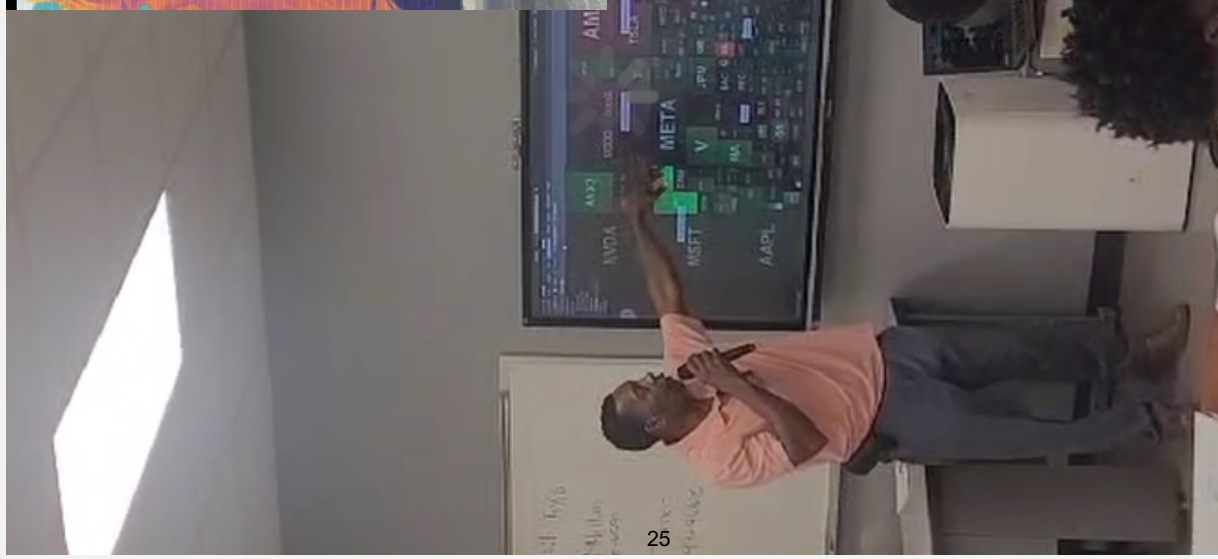
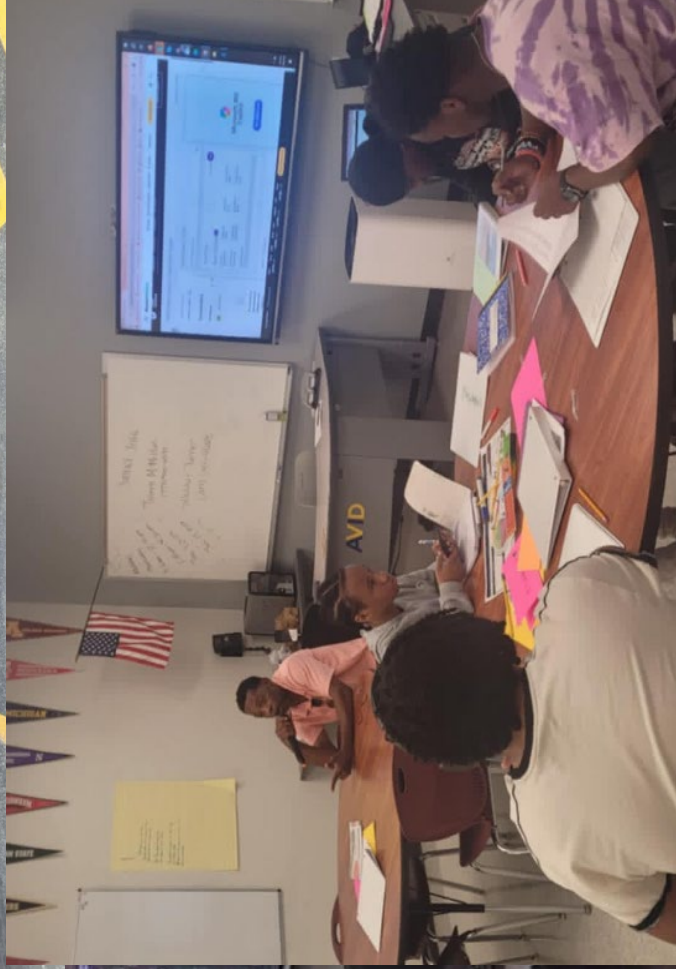


New Skills or Experiences Reported

- Traveled the World
- Went to 6 New States
- Walked Three Different College Campuses
- Saw Multiple NBA All Stars and Hall of Fame Players
 - Gained A LOT of Exposure
- Learned about basketball opportunities for the future (player, coach, sports management, tournament coordinator, trainer, etc.)



Wall Street Jewelers Summer Youth Financial Literacy Workshop- Operation Hope



Community Based Events

Black Mental Health Conference

CU Day Faith Based Gospel Gun Violence Event

Operation Hope Back to School Clap In Day

Love and Peace BBQ Event

Community Networking & Engagement Events



2025 Community Coalition Summer Initiatives Wrap Up

Non-Treatment Plan Clients- 967
Community Service Events- 44
Service Contacts- 11064

Program Highlights

In 2025 CCSI Welcomed in 4 New Partners expanding types of services offered to participants and population served. This included tutoring services, intensive music/art services, and community based violence prevention events.

Families/Community Members reported having an influx of summer options available to youth many of which were able to engage with new community orgs and strengthen their support systems.

93% Participant Satisfaction Rating reported by CCSI Partners

2025 Community Coalition Summer Initiatives Wrap Up, continued

Constraints/Obstacles

12 Partners requires large amount of administrative oversight, support, and time- can be difficult to hold them all!

Developing tracking system that supports the diversity of providers and services that CCSI supports continues to be a challenge.

BGCA has stringent requirements developed to keep youth and families safe- this can create a lot of hoops for smaller providers to jump through elongating contract process and time before services can begin.

Future Objectives

Conduct community survey in March 2026 to gain insight into the type of services families/community members would be most interested in engaging with during summer

Evaluating current providers funding levels and impact to determine capacity to increase services offered in 2026

Develop new outcomes, measures, and surveys that better showcase impact of services within Champaign community